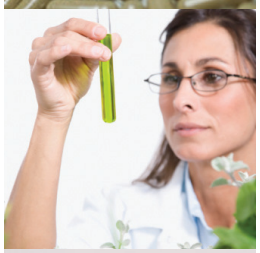
Randal Optimal

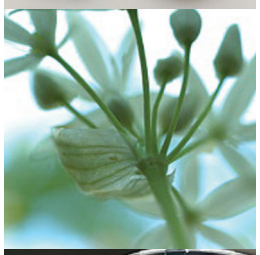
NUTRIENTS, LLC

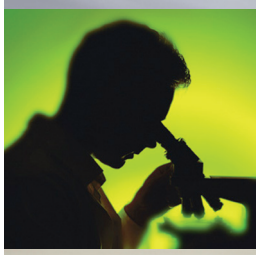
The Name to Have Behind Your Brand.™

Catalog *of* Nutritional Supplements

Phone: (800) 221-1697 ▪ (707) 528-1800 | Fax: (707) 528-0924
www.randaloptimal.com







Randal Optimal
NUTRIENTS, LLC

RANDAL OPTIMAL NUTRIENTS *is the*
"Name to Have Behind Your Brand!"

WITH OVER 60 YEARS IN MANUFACTURING OPERATIONS,
Randal's experience speaks volumes. We're committed to providing supplements that are unconditionally guaranteed in potency, purity, and quality.

LEADER IN PRIVATE LABEL AND CONTRACT MANUFACTURING

RANDAL OPTIMAL NUTRIENTS is a leading manufacturer of Private Label and Contract Manufacturing and we produce hundreds of quality supplements formulated and tested to meet the demands of the nutritional marketplace and your most discerning customers. Our product line combines traditional, success-proven products with new, cutting-edge nutrients, guaranteed potency herbs and the latest advances in nutritional science.

A COMPLETE LINE OF DIETARY SUPPLEMENTS

We feel the difference starts when you and your customers are confident in the products they use. Our comprehensive line of quality supplements includes tablets/capsules with multiple sizes and shapes including V caps and soft gels. We also offer a broad range of protein and meal replacement powders, unique herbal formulations, and a large selection of advanced nutritional formulas and other fine specialty supplements. To ensure that you can trust the accuracy of the ingredients listed in our products, we provide quality assurance on all our products.

For an initial opening order you can add your own store brand and begin to see the larger profits and promotional benefits associated with private label. Once you become a Randal customer you only have to order a minimum of three units of a single line item.

At RANDAL OPTIMAL *we make Private Label easy and affordable.*

IN-HOUSE PRINTING AND GRAPHICS

With your name on the product, you also want the package to look its best. By having our own digital printing operations on site, Randal is able to assure that your label is presented as a proper reflection of your brand and we can respond immediately to your order. At Randal, we know that quick delivery of your products is a "must" if you are able to continue to meet your customer's

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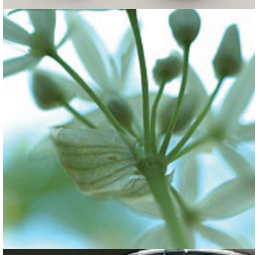
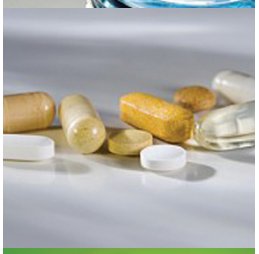
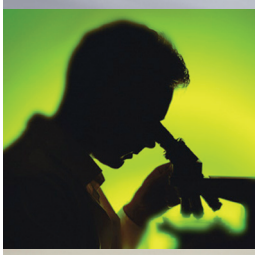


needs. Our in-house printing and graphics department is staffed by highly trained personnel who will assist you in the development of your store or company label. Digital artwork is required or we will create a label for you.

ADVANCED PRODUCT FORMULATIONS

We believe that you want to offer your customers the most up-to-date products available. For this reason, our technical staff continuously monitors the industry, and develops new products for regular release for your brand. Randal is constantly adding new, high demand products to our private label offering and our marketing and technical departments are always working on new and improved formulations. Our product line combines traditional, success-proven products with new, cutting-edge nutrients, guaranteed potency herbs and conceptual products. Using advanced product formulation, collective botanical wisdom from around the globe and innovative ingredients we offer superior nutritional products.

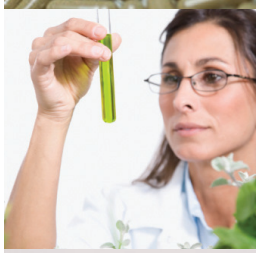
TECHNICAL SUPPORT

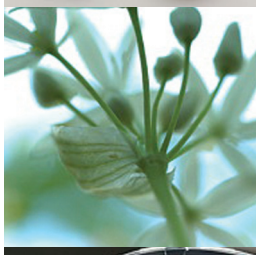
Randal has earned the reputation over its fifty year history as a manufacturer of quality vitamins and nutritional supplements. A highly competent technical staff is on-hand at all times to respond to your product inquiries and answer any product questions you might have. Our expertise in formulating and manufacturing, combined with our dedication to providing the highest quality nutritional supplements, is your assurance of only the finest products for your customers.

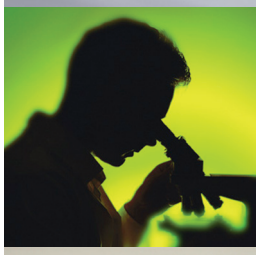
DISCOUNTS

Randal has a variety of discount programs that can help increase your profits. Programs include volume discounts, advertising allowances, and prepaid freight with all orders over $250.00. Contact us for more information on our other money saving programs.

Let us be the quality and value behind your brand. RANDAL OPTIMAL NUTRIENTS *is committed to offering products that make a difference. Our commitment is to your success.*







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WHY RANDAL OPTIMAL?

When it comes to having your name on the product, you must have confidence in the company that stands behind that product.

RANDAL OPTIMAL NUTRIENTS is a Private Label and Contract Manufacturer of dietary supplements to the nutraceutical industry. Since 1947, Randal has been manufacturing nutritional products for companies globally and we are proud of our quality and exceptional service.

Our founder, D.B. Randal, was one of the early pioneers in the industry. He started out with the commitment to support independent health food retailers by providing the highest quality vitamins, minerals, and nutritional supplements at competitive prices.

Today, that same philosophy endures. We offer a full and complete range of products, all of which are available for your private label. And since we do all our own manufacturing, you can be certain that rigorous quality control standards have been applied and met by every product you receive from Randal.

RANDAL OPTIMAL NUTRIENTS is located in Northern California and is licensed by the Food and Drug Administration for the manufacture, packaging, and distribution of dietary supplements. All of our products are produced under climate-controlled conditions in FDA-inspected facilities operating under Federal Good Manufacturing Practices (GMPs).

Randal Optimal has an extensive private label offering of vitamins, minerals, herbs, protein powders, plant extracts, specialty items, and many other nutraceuticals for your retail or wholesale business.

Our ever expanding private label line and low minimum orders make RANDAL OPTIMAL an easy choice when you are looking for quality private label or custom manufactured products at a price you can afford.

If quality and price are not enough, let Randal's customer service and technical staff answer any questions you might have. Our expertise in formulating and manufacturing, combined with our dedication to providing the highest quality nutritional supplements, are your assurances of the finest products for your customers.

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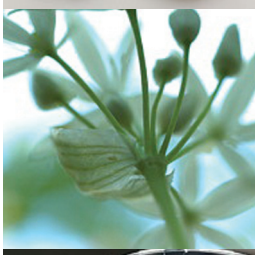
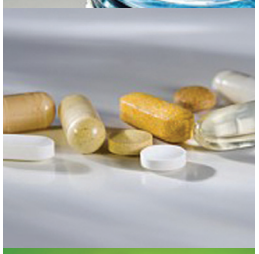
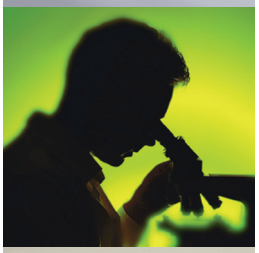
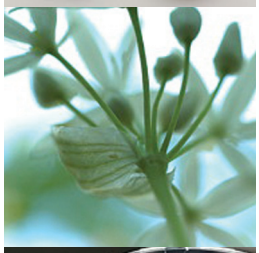
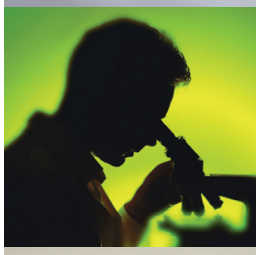
Trusted Quality Since 1947.











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Private Label that's easy and affordable.

RANDAL OPTIMAL NUTRIENTS has the most professional private label service in the industry. We focus on the effective marketing of your private label brand along with high quality manufacturing. You don't have to know anything about developing a private label brand. We take you through the process step by step — the proven, effective way.

The quality of your product is only as good as the company that manufactures it. Our manufacturing facility follows strict GMP's and maintains full quality control throughout the manufacturing process to ensure that your products meet or exceed your specifications.

Randal's independent laboratory performs numerous evaluations to assure that each product meets our specifications and exceeds your expectations. Our NSF-Certified and cGMP compliant manufacturing facility is FDA approved and capable of producing a wide variety of powders, tablets, soft gels, and capsules.

Your success is of paramount importance to us and our goal to create partnerships in which we grow together. All of our private label items are available in our Optimal Nutrients in-house brand so value is provided for not only for you but for your customers.

Private Label — a brand that reflects your values.

Let us be the quality and value behind your brand. As a trusted leader in private label and Contract Manufacturing, RANDAL OPTIMAL NUTRIENTS is committed to offering products that make a difference. Please call to get more information to establish your own private label brand and help you turn your business ideas into a reality.

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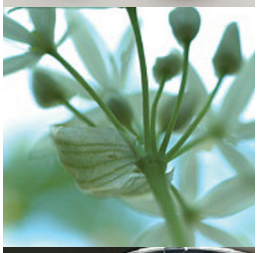
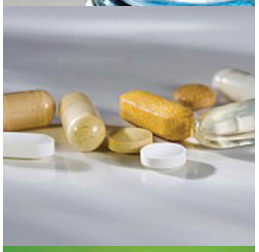
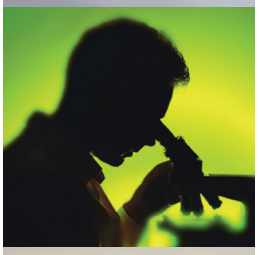


DOMESTIC TERMS & CONDITIONS

RANDAL OPTIMAL NUTRIENTS

The Name to Have Behind Your Brand.™

To order call toll free 1.800.221.1697
Post Office Box 7328 | Santa Rosa, CA 95407
Phone: (800) 221-1697 | (707) 528-1800 | Fax: (707) 528-0924
Email: customerservice@randaloptimal.com | Website: www.randaloptimal.com
Hours of Operation: 7:00-4:00 pm PST

BUSINESS QUALIFICATIONS:

- Current resale certificate
- Signed resale form (provided by Randal)
- Minimum first order of $1000
- 1 % 10-Net 30 terms available upon approval
- Freight- prepaid on orders over $250 net
- Established customer- $250.00 minimum order
- Minimum of 3's of a single line item
- Visa, MasterCard, Business Check, PayPal and wire transfers accepted
- $25.00 charge back for checks returned for NSF
- Prices subject to change without notice
- Product availability subject to stock on hand

SHIPPING OPTIONS:

- Free Fed Ex or UPS ground delivery for orders over $250
- Second day air or next day air is available on request at an additional charge. Contact customer service for details.

PRIVATE LABEL CUSTOM ORDERS:

Randal Optimal offers custom private label of our stock items in different sizes. Minimum order is 48 bottles. Contact us for volume discount information.

PRODUCT LIABILITY INSURANCE:

Certificate upon request.

RETURNED GOODS POLICY:

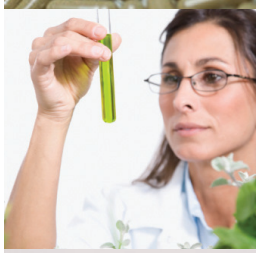
No returns will be accepted beyond the 30 day period. Please call our office within 4 days to report shipping or invoicing errors. Returns are accepted only with prior authorization and subject to a restocking fee of 20%.

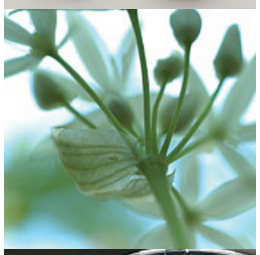
DISCOUNTS:

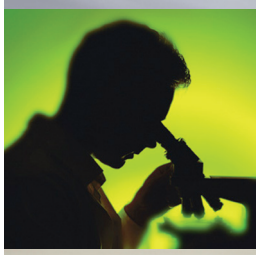
Randal has a variety of discount programs that can help increase your profits. Programs include volume discounts, advertising allowances, and prepaid freight. Contact us for more information.

EXPORT SALES:

Please contact customer service.







Randal Optimal
NUTRIENTS, LLC

Quality Assurance — Start to Finish.

RANDAL OPTIMAL NUTRIENTS is proud to be celebrating over 60 years in business. At Randal, we understand the importance of quality and integrity to the longevity of a company. We are a FDA-approved, NSF GMP Certified facility and are proud members of the Natural Products Association (NPA), and the American Herbal Products Association (AHPA).

NSF International's Good Manufacturing Practices (GMP) Registration Program enables manufacturers to become independently registered by NSF to meet GMP requirements. This demonstrates independent third-party verification of continuing conformance to GMP's and assures you that our processes are regularly verified for completeness and compliance. With the help of NSF we are now ready to comply with the new FDA regulations and have demonstrated conformance to currently recommended industry GMP's for dietary supplements.

All RANDAL OPTIMAL NUTRIENTS products are produced under climate-controlled conditions in FDA-inspected facilities operating under Federal Good Manufacturing Practices (GMPs). We are licensed and are inspected by State and Federal health authorities. Since quality is our first priority, we are fully dedicated to providing products that are in full compliance with the FDA GMP's. All of our raw materials and finished products undergo strict quantity control procedures.

RANDAL OPTIMAL NUTRIENTS subscribes to the following processes every day to assure you receive the quality products you deserve.

Document and Record Control — Our Quality Control department is responsible for maintaining all documents, records and Standard Operating Procedures (SOP's), making sure that they are up to date. We monitor all phases of production to assess performance and adherence to GMP and to the SOP's of each department. We trace and test all steps of the manufacturing process — from raw materials to packaged finished goods.

Supplier Qualification — We maintain an audit program to verify our suppliers' ability to provide consistent products that meet our strict quality requirements. All incoming ingredients conform to standards of purity and effectiveness and meet or exceed the GMP guidelines. No ingredient is received at our manufacturing facility unless it is in accurately labeled packaging with tamper-evident seals. All incoming shipments must be accompanied by full documentation, including Certificate of Laboratory Analysis, and corresponding PO #.

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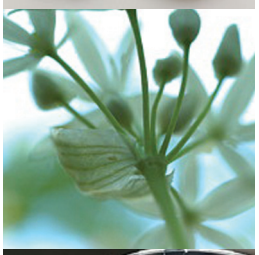
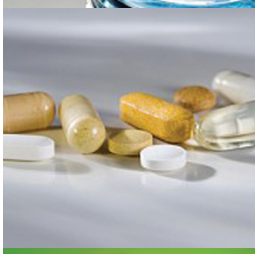
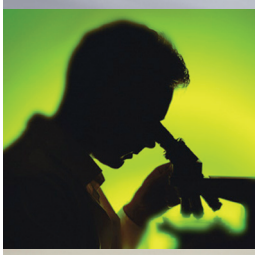


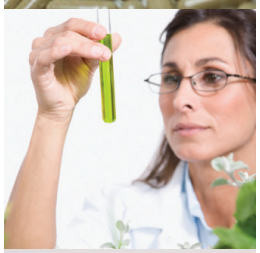
Ingredient and Finished Product Testing Methods — We subscribe to FDA testing protocol per the new GMP Guidelines. Randal has independent laboratory testing procedures to assure the identity and potency of the ingredients in every Randal Optimal supplement. This includes full service testing, microbiological and stability studies.

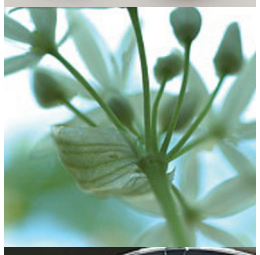
30TH ANNIVERSARY AHPA MEMBER AMERICAN HERBAL PRODUCTS ASSOCIATION

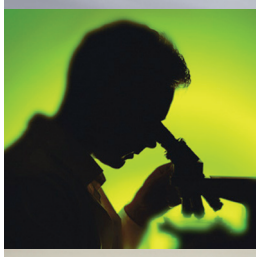
NSF GMP Registered www.nsf.org

Promoting Natural Products for Healthy Lifestyles — Natural Products Association member

Our Green Commitment — We've made a commitment to do what is best for the environment and the people who buy our products, which is why we continue to utilize earth-friendly manufacturing and energy conservation practices. Randal uses environmentally safe packaging that includes Flo-Pak, recyclable bottles and soy based inks that help reduce energy consumption and waste. We have instituted a sustainable purchasing policy that guides the use of our office paper and cleaning products as well as overall production and corporate practices. Sustainability efforts are a continuing endeavor and as we continue to find new ways to improve our business practices, our mission must be one of a responsible, cleaner, and greener world.







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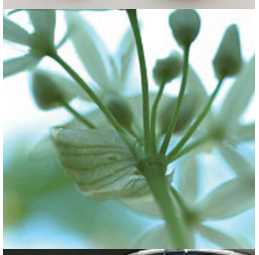

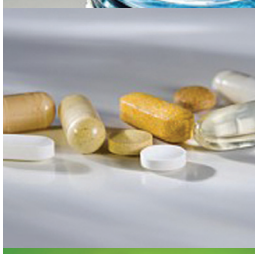

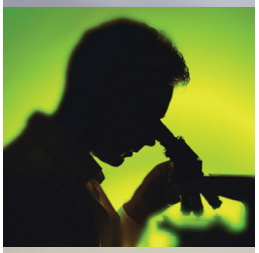

ESSENTIAL MICRO-NUTRIENTS AND MULTIPLE VITAMINS/MINERALS

1011 ONE DAILY

VITAMINS-MINERALS
TABLETS 30/60/90/180

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (Fish Liver Oil) (Cod/Menhaden)	10,000 I.U.	200 %
Vitamin C (Ascorbic Acid)	150 mg	250 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Vitamin E (d-Alpha Tocopheryl) (soy)	50 I.U.	166 %
Vitamin B1 (Thiamine)	25 mg	1666 %
Vitamin B2 (Riboflavin)	25 mg	1470 %
Niacin (Niacinamide)	100 mg	500 %
Vitamin B6 (Pyridoxine HCl)	25 mg	1250 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	100 mcg	1666 %
Biotin	20 mcg	7 %
Pantothenic Acid (d-Calcium Pantothenate)	25 mg	250 %
Calcium (Citrate)	30 mg	3 %
Iron (Ferrous Fumarate)	18 mg	100 %
Phosphorous (Bone Meal)	12 mg	1 %
Iodine (Kelp) *(Ascophyllum nodosum)*	12 mcg	8 %
Magnesium (Citrate)	2 mg	<1 %
Zinc (Citrate)	1 mg	6 %
Copper (Gluconate)	250 mcg	12 %
Manganese (Gluconate)	2 mg	100 %
Potassium (Citrate)	20 mg	<1 %
Inositol	150 mg	*
Para Amino Benzoic Acid	25 mg	*
Bioflavonoids (Citrus) (seed)	25 mg	*
Rutin	20 mg	*
Glutamic Acid	20 mg	*
Betaine	20 mg	*
Lecithin	10 mg	*
Hesperidin	5 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Cellulose, Stearic Acid, Alfalfa *(Medicago sativa)* (L), Vanilla Flavor (soy), Hydroxypropyl Cellulose, and Zein Coatings.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1018 MEGA ONE DAILY

VITAMINS-MINERALS WITH CHELATES
CONTINUOUS RELEASE
TABLETS 30/60/90/180

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (5,000 I.U. Beta Carotene/ 10,000 I.U. Fish Liver Oil (Cod/Menhaden)	15,000 I.U.	300 %
Vitamin C (Ascorbic Acid)	250 mg	416 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Vitamin E (D-Alpha Tocopheryl Succinate)	400 I.U.	500 %
Vitamin B1 (Thiamine)	100 mg	6666 %
Vitamin B2 (Riboflavin)	100 mg	5882 %
Niacin (Niacinamide)	100 mg	500 %
Vitamin B6 (Pyridoxine HCl)	100 mg	5000 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	100 mcg	1666 %
Biotin	100 mcg	33 %
Pantothenic Acid (Calcium Pantothenate)	100 mg	1000 %
Calcium (Citrate)	50 mg	5 %
Iron (Ferrous Fumarate)	18 mg	100 %
Phosphrous (Dicalcium Phosphate)	100 mg	10 %
Iodine (Kelp) *(Ascophyllum nodosum)* /(Potassium Iodide)	150 mcg	100 %
Magnesium (Citrate)	7.2 mg	1.8 %
Zinc (Citrate)	15 mg	100 %
Selenium (Amino Acid Chelate)	25 mcg	36 %
Copper (Gluconate)	250 mcg	13 %
Manganese (Citrate)	6 mg	300 %
Chromium (Amino Acid Chelate) (soy)	25 mcg	20 %
Potassium (Citrate)	10 mg	<1 %
Choline Bitartrate	100 mg	*
Inositol	100 mg	*
Para Amino Benzoic Acid	100 mg	*
Bioflavonoids (Citrus)	25 mg	*
Rutin	25 mg	*
Glutamic Acid	25 mg	*
Betaine	25 mg	*
Hesperidin (Citrus)	5 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Vanilla Flavor (soy), Watercress *(Rorippa nasturtium-aquaticum)* (L), Parsley *(Petroselinum crispum)* (L), Alfalfa *(Medicago Sativa)* (L), Silica, Lecithin, Rice Protein Powder, Hydroxypropyl Cellulose, Zein and Food Glaze (Coatings).

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1019 IRON FREE MEGA ONE DAILY

VITAMINS-MINERALS WITH CHELATES
CONTINUOUS RELEASE
TABLETS 30/60/90

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (5,000 I.U. Beta Carotene/ 10,000 I.U. Fish Liver Oil) (Cod/Menhaden)	15,000 I.U.	300 %
Vitamin C (Ascorbic Acid)	250 mg	416 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Vitamin E (D-Alpha Tocopheryl Succinate)	150 I.U.	500 %
Vitamin B1 (Thiamine)	100 mg	6666 %
Vitamin B2 (Riboflavin)	100 mg	5882 %
Niacin (Niacinamide)	100 mg	500 %
Vitamin B6 (Pyridoxine HCl)	100 mg	5000 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	100 mcg	1666 %
Biotin	100 mcg	33 %
Pantothenic Acid (Calcium Pantothenate)	100 mg	1000 %
Calcium (Citrate/ Dicalcium Phosphate)	50 mg	5 %
Phosphorous (Dicalcium Phosphate)	10 mg	1 %
Iodine (Kelp) *(Ascophyllum nodosum/*Potassium Iodide*)*	150 mcg	100 %
Magnesium (Citrate)	7.2 mg	1.8 %
Zinc (Citrate)	15 mg	100 %
Selenium (Amino Acid Chelate)	25 mcg	36 %
Copper (Amino Acid Chelate) (soy)	250 mcg	13 %
Manganese (Citrate)	6 mg	300 %
Chromium (Amino Acid Chelate) (soy)	25 mcg	20 %
Potassium (Citrate)	10 mg	<1 %
Choline Bitartrate	100 mg	*
Inositol	100 mg	*
Para Amino Benzoic Acid	100 mg	*
Bioflavonoids (Citrus)	25 mg	*
Rutin	25 mg	*
Glutamic Acid	25 mg	*
Betaine	25 mg	*
Hesperidin (Citrus)	5 mg	*

* Daily Value not established

Other Ingredients: Cellulose, Stearic Acid, Silica, Vanilla Flavor (soy), Watercress *(Rorippa nasturtum-aquaticum)* (L), Parsley *(Petroselinum crispum)* (L), Rice Protein, Alfalfa *(Medicago sativa)* (L), Lecithin, Chlorophyll, Hydroxypropyl Cellulose, and Zein Coatings.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1021 MEGA TWO DAILY

VITAMINS-MINERALS
CAPSULES 60/90/180

Supplement Facts

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Vitamin A (5,000 I.U. Beta Carotene/ 10,000 I.U. Fish Liver Oil) (Cod/Menhaden)	15,000 I.U.	300 %
Vitamin C (Ascorbic Acid)	250 mg	416 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Vitamin E (D-Alpha Tocopheryl Succinate)	150 I.U.	500 %
Vitamin B1 (Thiamine)	100 mg	6666 %
Vitamin B2 (Riboflavin)	100 mg	5882 %
Niacin (Niacinamide)	100 mg	500 %
Vitamin B6 (Pyridoxine HCl)	100 mg	5000 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	100 mcg	1666 %
Biotin	100 mcg	33 %
Pantothenic Acid (d-Calcium Pantothenate)	100 mg	1000 %
Calcium (Citrate)	50 mg	5 %
Iron (Ferrous Fumarate)	18 mg	100 %
Iodine (Kelp/Potassium Iodide)	150 mcg	100 %
Magnesium (Citrate)	7 mg	2 %
Zinc (Citrate)	15 mg	100 %
Selenium (Amino Acid Chelate)	25 mcg	35 %
Copper (Gluconate)	250 mcg	13 %
Manganese (Citrate)	6 mg	300 %
Chromium (Amino Acid Chelate) (soy)	25 mcg	21 %
Potassium (Citrate)	10 mg	<1 %
Choline (Bitartrate)	50 mg	*
Inositol	50 mg	*
Para Amino Benzoic Acid	50 mg	*
Bioflavonoids (Citrus)	25 mg	*
Rutin	25 mg	*
Glutamic Acid	25 mg	*
Betaine	25 mg	*
Hesperidin (Citrus)	5 mg	*

* Daily Value not established

Other Ingredients: Watercress *(Rorippa nasturtium-aquaticum)* (L) Powder, Bone Meal, Ethylcellulose, Vanilla Flavor (soy), Gelatin and Water.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors or preservatives.

1032 PRENATAL

VITAMINS & MINERALS WITH CHELATES
TABLETS 90/180

Supplement Facts

Serving Size 6 Tablets

	Amount Per Serving	% Daily Value
Vitamin A (50% Palmitate/ 50% Beta Carotene)	10,000 I.U.	200 %
Vitamin C (Ascorbic Acid)	250 mg	417 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Vitamin E (D-Alpha Tocopheryl Succinate)	400 I.U.	1333 %
Vitamin B1 (Thiamine)	50 mg	3333 %
Vitamin B2 (Riboflavin)	50 mg	2941 %
Niacin (Niacinamide)	75 mg	375 %
Vitamin B6 (Pyridoxine HCl)	50 mg	2500 %
Folic Acid	800 mcg	100 %
Vitamin B12 (Cyanocobalamin)	150 mcg	2500 %
Biotin	300 mcg	100 %
Pantothenic Acid (d-Calcium Pantothenate)	75 mg	750 %
Calcium (Carbonate/Citrate)	850 mg	85 %
Iron (Ferrous Fumarate)	45 mg	250 %
Iodine (Kelp) *(Ascophyllum nodosum)*	225 mcg	150 %
Magnesium (Oxide/Citrate)	500 mg	125 %
Zinc (Citrate)	35 mg	233 %
Selenium (Amino Acid Chelate)	50 mcg	71 %
Copper (Gluconate)	2 mg	100 %
Manganese (Gluconate)	10 mg	500 %
Chromium (Amino Acid Chelate) (soy)	50 mcg	42 %
Potassium (Citrate)	99 mg	3 %
Alfalfa *(Medicago sativa)* (L)	60 mg	*
Choline (Bitartrate)	50 mg	*
Inositol	50 mg	*
Para Amino Benzoic Acid	50 mg	*
Bioflavonoids	25 mg	*
Glutamic Acid	25 mg	*
Betaine	25 mg	*
Ginger Root *(Zingiber officinalie)* (root)	25 mg	*
Hesperidin	20 mg	*

* Daily Value not established

Other Ingredients: Eleuthero *(Eleutherococcus senticosus)*, Raspberry Leaf *(Rubus ideaus)* (L), Vanilla Flavor, Silica, Modified Cellulose and Zein Coatings.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1029 KID'S STUFF™

VITAMINS & MINERALS
CHEWABLE
TABLETS 100

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% DV** < 4 Yrs.	% DV*** 4+ Yrs.
Calories	4	*	
Total Carbohydrates	1 g	*	< 1 % †
Sugars	1 g	*	*
Vitamin A (Fish Liver Oil) (Cod/Menhaden)	5,000 I.U.	200 %	100 %
Vitamin C (Ascorbic Acid)	50 mg	125 %	84 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %	100 %
Vitamin E (D-Alpha Tocopheryl Succinate)	15 I.U.	150 %	50 %
Vitamin B1 (Thiamine)	2 mg	285 %	133 %
Vitamin B2 (Riboflavin)	2 mg	250 %	118 %
Niacin (Niacinamide)	10 mg	111 %	50 %
Vitamin B6 (Pyridoxine HCl)	2 mg	285 %	100 %
Folic Acid	10 mcg	5 %	3 %
Vitamin B12 (Cyanocobalamin)	6 mcg	200 %	100 %
Biotin	10 mcg	7 %	3 %
Pantothenic Acid (d-Calcium Pantothenate)	10 mg	200 %	100 %
Calcium (Carbonate)	10 mg	< 2 %	< 2 %
Iron (Ferrous Fumarate)	4 mg	40 %	22 %
Iodine (Potassium Iodide)	75 mcg	93 %	50 %
Magnesium (Gluconate)	10 mg	5 %	3 %
Zinc (Gluconate)	2 mg	25 %	13 %
Manganese (Gluconate)	2 mg	*	100 %
Potassium (Citrate)	2 mg	*	< 2 %
Choline (Bitartrate)	1 mg	*	*
Inositol	1 mg	*	*

* Daily Value not established
** Daily Values for children under four years of age
**** Daily Value for adults and children over four years of age
† Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Fructose, Dextrose, Honey Powder (soy), Orange Juice Flavor Powder, Sodium Ascorbate, Papaya Powder, Orange Flavor Powder (soy) and Silica.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, dairy, gluten, artificial colors, flavors or preservatives.

1015 MINI ONE DAILY

VITAMINS-MINERALS
TABLETS 90

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (Fish Liver Oil) (Cod/Menhaden)	10,000 I.U.	200 %
Vitamin C (Ascorbic Acid)	100 mg	167 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Vitamin E (d-Alpha Tocopheryl Succinate)	40 I.U.	133 %
Vitamin B1 (Thiamine)	10 mg	666 %
Vitamin B2 (Riboflavin)	10 mg	588 %
Niacin (Niacinamide)	50 mg	250 %
Vitamin B6 (Pyridoxine HCl)	10 mg	500 %
Folic Acid	100 mcg	25 %
Vitamin B12 (Cyanocobalamin)	50 mcg	833 %
Biotin	10 mcg	3 %
Pantothenic Acid (d-Calcium Pantothenate)	10 mg	100 %
Calcium (Carbonate)	60 mg	6 %
Iron (Ferrous Fumarate)	8 mg	44 %
Phosphorous (Bone Meal)	10 mg	<2 %
Iodine (Kelp) *(Ascophyllum nodosum)*	10 mcg	7 %
Magnesium (Citrate)	20 mg	5 %
Zinc (Citrate)	1 mg	7 %
Copper (Gluconate)	100 mcg	5 %
Manganese (Gluconate)	200 mcg	10 %
Potassium (Citrate)	10 mg	<1 %
Choline (Bitartrate)	50 mg	*
Inositol	50 mg	*
Rutin	10 mg	*
Para Amino Benzoic Acid	10 mg	*
Bioflavonoids (Citrus) (seed)	10 mg	*
Glutamic Acid	10 mg	*
dl Methionine	10 mg	*
Lecithin	5 mg	*
Hesperidin (Citrus)	2 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Cellulose, Alfalfa *(Medicago sativa)* (L), Silica, Vanilla Flavor (soy), Hydroxypropyl Cellulose and Zein Coatings.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1027 WOMENS MULTIVITE

HIGH POTENCY WITH ANTIOXIDANTS, HERBS AND ISOFLAVONES
TABLETS 120

Supplement Facts

Serving Size 4 Tablets

	Amount Per Serving	% Daily Value
Vitamin A (4,000 I.U. Palmitate/ 5,000 I.U. Beta Carotene (soy)	9,000 I.U.	180 %
Vitamin C (Ascorbic Acid)	250 mg	417 %
Vitamin D (Ergocalciferol)	400 I.U.	100 %
Vitamin E (D-Alpha Tocopheryl Succinate)	200 I.U.	667 %
Vitamin K (Phytonadione)	80 mcg	100 %
Vitamin B1 (Thiamine)	25 mg	1667 %
Vitamin B2 (Riboflavin)	25 mg	1471 %
Niacin (Niacinamide)	20 mg	100 %
Vitamin B6 (Pyridoxine HCl)	75 mg	3750 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	100 mcg	1667 %
Biotin	300 mcg	100 %
Pantothenic Acid (d-Calcium Pantothenate)	20 mg	200 %
Calcium (Carbonate/Citrate)	400 mg	40 %
Iron (Ferrous Fumarate)	10 mg	56 %
Iodine (Potassium Iodide/Kelp) *(Ascophyllum nodosum)*	125 mcg	83 %
Magnesium (Oxide/Kreb Cycle)	220 mg	55 %
Zinc (Citrate)	15 mg	100 %
Selenium (Selenomethionine/ Oxide)	110 mcg	157 %
Copper (Amino Acid Chelate) (soy)	2 mg	100 %
Manganese (Citrate)	2.5 mg	125 %
Chromium (Amino Acid Chelate) (soy)	120 mcg	100 %
Eleuthero *(Eleutherococcus senticosus)* (root)	75 mg	*
Dong Quai Powder *(Angelica sinensis)* (root)	75 mg	*
Chaste Tree Fruit Powder *(Vitex agnus-castus)* (L) (berries)	50 mg	*
Dandelion Root Powder *(Taraxacum officinale)* (root)	50 mg	*
Damiana Powder *(Turnera diffusa)* (leaf)	50 mg	*
Peppermint Leaf Powder *(Mentha x piperita)* (L.) (leaf)	50 mg	*
Borage Oil Powder (with GLA)	50 mg	*
Cramp Bark Powder *(Viburnum opulus)* (L) (bark)	50 mg	*
Uva Ursi Powder *(Arctostaphylos uva-ursi)*	50 mg	*
Isoflavone Concentrate (Soy Isolates) (soy)	25 mg	*
Papain Enzyme	10 mg	*
Bromelain	10 mg	*
Lycopene Extract Powder	10 mg	*
Lutein	5 mg	*
CoEnzyme Q10	1000 mcg	*

* Daily Value not established

Other Ingredients: Rice Bran, Vegetable Base (Broccoli Powder, Tomato Concentrate, Beet Root), Calcium Sulfate, Cellulose, Crosscarmelose Sodium, Stearic Acid, Hydroxypropyl Cellulose and Food Glaze Coating.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1016 SILVER DELUXE

VITAMINS-MINERALS
TABLETS 30/60

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (Beta Carotene) (soy)	5000 I.U.	100 %
Vitamin C (Ascorbic Acid)	60 mg	100 %
Vitamin D (Ergocalciferol)	400 I.U.	100 %
Vitamin E (D-Alpha Tocopheryl Succinate)	45 I.U.	150 %
Vitamin K (Phytonadione)	10 mcg	12 %
Vitamin B1 (Thiamine)	1.5 mg	100 %
Vitamin B2 (Riboflavin)	1.7 mg	100 %
Niacin (Niacinamide)	20 mg	100 %
Vitamin B6 (Pyridoxine HCl)	3 mg	150 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	25 mcg	417 %
Pantothenic Acid (d-Calcium Pantothenate)	10 mg	100 %
Calcium (Carbonate/Citrate)	200 mg	20 %
Phosphorus (Proteinate)	48 mg	5 %
Iodine (Potassium Iodide)	150 mcg	100 %
Magnesium (Oxide)	100 mg	10 %
Zinc (Amino Acid Chelate)	15 mg	100 %
Selenium (Oxide)	20 mcg	28 %
Copper (Amino Acid Chelate) (soy)	2 mg	100 %
Manganese (Sulfate)	2 mg	100 %
Chromium (Chloride)	150 mcg	125 %
Molybdenum (Amino Acid Chelate)	75 mg	100 %
Chloride (Chromium Chloride)	75 mg	2 %
Potassium (Chloride/Sorbate)	60 mg	2 %
Tumeric *(Curcuma longa)* (L)	100 mg	*
Silicon	2 mg	*
Lutein	250 mcg	*
Boron	150 mcg	*
Vanadium	10 mcg	*
Nickel	5 mcg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Silica, Food Glaze and Zein Coatings.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

908 TASTY VITAMIN MIX

VITAMIN-MINERAL PROTEIN DRINK MIX
POWDER 1 LB.

NUTRITION FACTS

Serving Size 2 Tablespoons (16.8g)
Servings per Container 27

Amount Per Serving		
Calories 36		
Calories from Fat 0g		
		% Daily Value
Total Fat	0 g	0 %
Saturated Fat	0 g	0 %
Cholesterol	0 g	0 %
Total Carbohydrates	3 g	1 %
Dietary Fiber	.7 g	3 %
Sugars	2.2 g***	
Protein	6 g	
Vitamin A (Palmitate 7,500 I.U./ Beta Carotene 10,500 I.U.)	18,000 I.U.	360 %
Vitamin C (Ascorbic Acid)	750 mg	1250 %
Vitamin D (Ergocalciferol)	500 I.U.	125 %
Vitamin E (d-Alpha Tocopheryl Acetate)	400 I.U.	1333 %
Vitamin K (Phytonadione)	5 mcg	6 %
Vitamin B-1 (Thiamine)	25 mg	1670 %
Vitamin B-2 (Riboflavin)	25 mg	1470 %
Niacin (Niacinamide)	75 mg	375 %
Vitamin B-6 (Pyridoxine HCl)	25 mg	1250 %
Folic Acid	400 mcg	100 %
Vitamin B-12 (Cyanocobalamin)	25 mcg	420 %
Biotin	100 mcg	33 %
Pantothenic Acid (d-Calcium Pantothenate)	100 mg	1000 %
Calcium (Ascorbate/Carbonate)	1000 mg	100 %
Iodine (Potassium Iodide)	180 mcg	120 %
Magnesium (Aspartate/Carbonate/ Amino Acid Chelate)	200 mg	50 %
Zinc (Oxide)	20 mg	133 %
Selenium (Amino Acid Chelate)	50 mcg	70 %
Copper (Amino Acid Chelate)	200 mcg	10 %
Manganese (Amino Acid Chelate)	4 mg	114 %
Chromium (Amino Acid Chelate)	50 mcg	38 %
Molybdenum (Amino Acid Chelate)	50 mcg	31 %
Sodium	73 mg	3 %
Potassium (Citrate)	99 mg	2 %

Tasty Vitamin Mix is formulated in a great tasting protein base that mixes easily! Never needs blending like other slow mixing formulas. Add to your favorite fruit juice or smoothie for a nutritious vitamin and mineral supplement.

Also Contains:

Bioflavonoids (Lemon)	400 mg	**
Inositol	100 mg	**
Lecithin (Soy)	100 mg	**
Choline (Bitartrate)	75 mg	**
Para Amino Benzoic Acid	25 mg	**
Hesperidin Complex	25 mg	**
Rutin	25 mg	**
Ginkgo Biloba (*Ginkgo biloba*) (L) (Leaf)	25 mg	**
Glucosamine Sulfate	25 mg	**
Coenzyme Q10	1000 mcg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value Not Established
***No Added Sucrose, Lactose or Artificial Sweetners.

Other Ingredients: Soy Protein Isolate, Fructose, Pectin Fiber, Natural Orange (soy) and Vanilla Flavors (soy).

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

ESSENTIAL AMINO ACIDS
(Naturally occurring from Soy Protein Isolates)
Per Serving:

L-Leucine	468 mg
L-Lysine	384 mg
L-Phenylalanine	306 mg
L-Valine	294 mg
L-Isoleucine	288 mg
L-Threonine	264 mg
L-Tyrosine	204 mg
L-Histidine	144 mg
L-Cystine	84 mg
L-Tryptophan	78 mg
L-Methionine	72 mg

VITAMINS A & D AND CAROTENOIDS

100 VITAMIN A - 10,000 I.U.

10,000 I.U.
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (Fish Liver Oil) (Cod/Menhaden)	10,000 I.U.	200 %

Other Ingredients: Calcium Sulfate, Guar Gum, Hydroxypropyl Cellulose and Food Glaze Coatings.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

104 VITAMIN A - 25,000 I.U.

(15,000 I.U. BETA CAROTENE/ 10,000 I.U. PALMITATE)
CAPSULES 90

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin A (15,000 I.U. Beta Carotene/ 10,000 I.U. Palmitate)	25,000 I.U.	500 %

Other Ingredients: Calcium Sulfate, Water and Gelatin.

This product contains two forms of bio-available Vitamin A in a preservative-free capsule.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

105 VITAMIN D-3 - 1,000 I.U.

1,000 I.U.
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin D-3 (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	1,000 I.U.	250 %

Other Ingredients: Calcium Sulfate, Modified Cellulose and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

109 VITAMIN D-3 - 2,000 I.U.

2,000 I.U.
VEGGIE CAPS 90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Vitamin D-3 (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	2000 I.U.	500 %

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

VITAMINS A & D AND CAROTENOIDS

111 VITAMIN D-3 - 2,000 I.U.

2,000 I.U.
SOFTGELS 365

Supplement Facts
Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D-3 (Cholecalciferol)	2000 I.U.	500 %

Other Ingredients: Safflower Oil, Palm Oil, Gelatin, Glycerin, and Purified Water USP.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

112 VITAMIN D-3 - 5,000 I.U.

5,000 I.U.
VEGGIE CAPS 60/120/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Vitamin D-3 (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	5000 I.U.	1250 %

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

114 VITAMIN D-3 - 10,000 I.U.

10,000 I.U.
VEGGIE CAPS 60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Vitamin D-3 (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	10,000 I.U.	2500 %

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

115 BETA CAROTENE - 25,000 I.U.

25,000 I.U.
TABLETS 100/250

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (Beta Carotene) (soy)	25,000 I.U.	500 %

Other Ingredients: Calcium Sulfate, Dicalcium Phosphate, Stearic Acid, Silica, Cellulose, Croscarmellose Sodium, Hydroxypropyl Cellulose and Zein Coatings.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

116 VITAMIN D-3 - 50,000 I.U.

50,000 I.U.
VEGGIE CAPS 60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Vitamin D-3 (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	50,000 I.U.	12,500 %

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

VITAMIN B AND B-COMPLEXES

202 VITAMIN B-1 - 100 MG

100 MG
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-1 (Thiamine)	100 mg	6666 %

Other Ingredients: Calcium Sulfate, Stearic Acid, Guar Gum and Vanilla Flavor (soy).

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

204 VITAMIN B-2 - 50 MG

50 MG
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-2 (Riboflavin)	50 mg	2941 %

Other Ingredients: Calcium Sulfate, Stearic Acid and Guar Gum.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

207 VITAMIN B-6 - 500 MG

500 MG
CONTINUOUS RELEASE
TABLETS 50/100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (Pyridoxine HCl)	500 mg	25,000 %

Other Ingredients: Cellulose, Stearic Acid, Silica and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

209 VITAMIN B-6 - 100 MG

100 MG
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (Pyridoxine HCl)	100 mg	5,000 %

Other Ingredients: Calcium Sulfate, Silica and Guar Gum.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

VITAMIN B AND B-COMPLEXES

210 VITAMIN B-12 – 1,500 MCG

FAST-MELT NATURAL CHERRY FLAVOR
TABLETS 50/100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-12 (Cyanocobalamin)	1500 mcg	25,000 %

Other Ingredients: Lactose (milk), Sorbitol, Fructose, Vanilla Cream and Natural Cherry Flavors.

CONTAINS NO soy, yeast, gluten, artificial colors, flavors or preservatives.

218 VITAMIN B-12 – 1,000 MCG

WITH FOLIC ACID
TABLETS 50/100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-12 (Cyanocobalamin)	1000 mcg	16,666 %
Folic Acid	400 mcg	100 %
Stomach Substance (With Intrinsic Factors)	50 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Dicalcium Phosphate, Stearic Acid, Silica and Guar Gum.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

213 VITAMIN B-12 – 5,000 MCG

CONTINUOUS RELEASE
TABLETS 30/60

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-12 (Cyanocobalamin)	5000 mcg	83,333 %

Other Ingredients: Dicalcium Phosphate, Calcium Sulfate and Stearic Acid.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

215 FOLIC ACID – 800 MCG

TABLETS 100/250

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Folic Acid	800 mcg	200 %

Other Ingredients: Calcium Sulfate, Whey Powder (milk) and Stearic Acid.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

216 FOLIC ACID – 1,000 MCG

WITH VITAMIN B-12
TABLETS 90

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Folic Acid	1000 mcg	250 %
Vitamin B-12 (Cyanocobalamin)	400 mcg	6667 %

Other Ingredients: Lactose (milk), Stearic Acid, Silica, and Natural Vanilla Cream Flavor.

CONTAINS NO yeast, sugar, gluten, artificial colors, flavors or preservatives.

223 BIOTIN

5 MG (5,000 MCG)
VEGGIE CAPS 60/120/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Biotin	5 mg	1667 %

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

221 BIOTIN

300 MCG (3 MG)
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Biotin	300 mcg	100 %

Other Ingredients: Calcium Sulfate, Stearic Acid and Guar Gum.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

222 CHOLINE

650 MG
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Choline (Bitartrate)	650 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Calcium Sulfate, Cellulose, Silica, Guar Gum and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

265 INOSITOL POWDER

POWDER 4 OZ. / 8 OZ.

Supplement Facts

Serving Size 1/4 Teaspoon (600 mg)
Servings Per Container: 4 oz: 188 / 8 oz: 376

	Amount Per Serving	% Daily Value
Inositol Powder	600 mg	*

*Daily Value not established

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

225 NIACINAMIDE

500 MG
TABLETS 100/250

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Niacin (Niacinamide)	500 mg	2500 %

Other Ingredients: Stearic Acid, Cellulose and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

220 NIACIN

250 MG
TABLETS 100/250

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Niacin	250 mg	1250 %

Other Ingredients: Calcium Sulfate, Stearic Acid and Guar Gum.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

228 PANTOTHENIC ACID

500 MG
TABLETS 100/250

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Pantothenic Acid (d-Calcium Pantothenate)	500 mg	5000 %

Other Ingredients: Stearic Acid, Dicalcium Phosphate, Calcium Sulfate, Cellulose, Modified Cellulose, Silica and Guar Gum.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

232 VITAMIN B COMPLEX 50

CONTINUOUS RELEASE
TABLETS 50/100

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-1(Thiamine)	50 mg	3333 %
Vitamin B-2 (Riboflavin)	50 mg	2941 %
Niacin (Niacinamide)	50 mg	250 %
Vitamin B-6 (Pyridoxine HCl)	50 mg	2500 %
Folic Acid	400 mcg	100 %
Vitamin B-12 (Cyanocobalamin)	50 mcg	833 %
Biotin	50 mcg	17 %
Pantothenic Acid (d-Calcium Pantothenate)	50 mg	500 %
Choline Bitartrate	50 mg	*
Inositol	50 mg	*
Para Amino Benzoic Acid	50 mg	*

*Daily Value not established

Other Ingredients: Calcium Sulfate, Dicalcium Phosphate, Stearic Acid, Guar Gum, Cellulose, Vanilla Flavor (soy), Hydroxypropyl Cellulose and Zein Coating.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

239 VITAMIN B COMPLEX 100

CONTINUOUS RELEASE
TABLETS 50/100

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-1 (Thiamine)	100 mg	6666 %
Vitamin B-2 (Riboflavin)	100 mg	5882 %
Niacin (Niacinamide)	100 mg	500 %
Vitamin B-6 (Pyridoxine HCl)	100 mg	5000 %
Folic Acid	400 mcg	100 %
Vitamin B-12 (Cyanocobalamin)	100 mcg	1666 %
Biotin	300 mcg	100 %
Pantothenic Acid (d-Calcium Pantothenate)	100 mg	1000 %
Choline (Bitartrate)	100 mg	*
Inositol	100 mg	*
Para Amino Benzoic Acid	100 mg	*

*Daily Value not established

Other Ingredients: Stearic Acid, Silica, Vanilla Flavor (soy), Ethyl Cellulose, and Zein Coating.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

250 VITAMIN B COMPLEX 50

CAPSULES 50/100/250

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B-1 (Thiamine)	50 mg	3333 %
Vitamin B-2 (Riboflavin)	50 mg	2941 %
Niacin (Niacinamide)	50 mg	250 %
Vitamin B-6 (Pyridoxine HCl)	50 mg	2500 %
Folic Acid	400 mcg	100 %
Vitamin B-12 (Cyanocobalamin)	50 mcg	833 %
Biotin	60 mcg	20 %
Pantothenic Acid (d-Calcium Pantothenate)	50 mg	500 %
Choline Bitartrate	100 mg	*
Inositol	50 mg	*
Para Amino Benzoic Acid	50 mg	*
Alfalfa *(Medicago sativa)* (L)	10 mg	*
Watercress *(Rorippa nasturtium-aquaticum)* (L)	10 mg	*
Lecithin	10 mg	*

*Daily Value not established

Other Ingredients: Silica, Vanilla Flavor, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors or preservatives.

252 VITAMIN B COMPLEX 100

VEGGIE CAPS 90

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Vitamin B-1 (Thiamine)	100 mg	6667 %
Vitamin B-2 (Riboflavin)	100 mg	5882 %
Niacin (Niacinamide)	100 mg	500 %
Vitamin B-6 (Pyridoxine)	100 mg	5000 %
Folic Acid	400 mcg	100 %
Vitamin B-12 (Cyanacobalamin)	100 mcg	1667 %
Biotin	100 mcg	34 %
Panothenate Acid (d-Calcium Pantothenate)	100 mg	1000 %
Choline (Bitartrate)	100 mg	*
Inositol	100 mg	*
Para Amino Benzoic Acid	100 mg	*

* Daily Value not established

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

256 MEGA-B-CAPS '100'

CAPSULES 50/100/250

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B-1 (Thiamine)	100 mg	6666 %
Vitamin B-2 (Riboflavin)	100 mg	5882 %
Niacin (Niacinamide)	100 mg	500 %
Vitamin B-6 (Pyridoxine HCl)	100 mg	5000 %
Folic Acid	400 mcg	100 %
Vitamin B-12 (Cyanocobalamin)	100 mcg	1666 %
Biotin	300 mcg	100 %
Pantothenic Acid (d-Calcium Pantothenate)	100 mg	1000 %
Para Amino Benzoic Acid	100 mg	*
Choline Bitartrate	10 mg	*
Inositol	10 mg	*

*Daily Value not established

Other Ingredients: Silica, Vanilla Flavor, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

236 STRESS X

WITH 500 MG VITAMIN C

TABLETS 100

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	500 mg	833 %
Vitamin B-1 (Thiamine)	10 mg	666 %
Vitamin B-2 (Riboflavin)	10 mg	588 %
Niacin (Niacinamide)	20 mg	100 %
Vitamin B-6 (Pyridoxine HCl)	10 mg	500 %
Folic Acid	400 mcg	100 %
Vitamin B-12 (Cyanocobalamin)	5 mcg	83 %
Biotin	10 mcg	3 %
Pantothenic Acid (d-Calcium Pantothenate)	100 mg	1000 %

Other Ingredients: Calcium Sulfate,Stearic Acid, Dicalcium Phosphate, Guar Gum, Cellulose, Silica, Vanilla Flavor (soy), Hydroxypropyl Cellulose and Zein Coatings.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

VITAMIN C AND C-COMPLEXES

351 VITAMIN C

500 MG WITH ROSE HIPS
TABLETS 100/250/500

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	500 mg	833 %
Rose Hips	50 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Cellulose, Silica and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

352 VITAMIN C

1,000 MG WITH ROSE HIPS
TABLETS 100/250

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	1000 mg	1666 %
Rose Hips	100 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Modified Cellulose, Silica and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

354 VITAMIN C

1,000 MG WITH ROSE HIPS
& BIOFLAVONOIDS
CAPSULES 50/100/250

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	1000 mg	1666 %
Lemon Bioflavonoids	50 mg	*
Rose Hips	5 mg	*

* Daily Value not established

Other Ingredients: Rice Flour, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

357 VITAMIN C

1,000 MG WITH ROSE HIPS
CONTINUOUS RELEASE
TABLETS 100/250

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	1000 mg	1666 %
Rose Hips	100 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Cellulose, Lecithin, Silica and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

305 RUTIN

99% PURE RUTIN – 100 MG
TABLETS 100/250

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Rose Hips	200 mg	*
Rutin (99% Pure)	100 mg	*

*Daily Value not established

Other Ingredients: Calcium Sulfate, Stearic Acid, Cellulose, Guar Gum, Silica, Hydroxypropyl Cellulose and Food Glaze Coatings.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

310 BIOFLAVONOIDS

500 MG
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Lemon Bioflavonoids	500 mg	*

*Daily Value not established

Other Ingredients: Dicalcium Phosphate, Stearic Acid, Cellulose, Guar Gum, Silica and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

325 MEGA C-B-R

1650 MG WITH ROSE HIPS
CONTINUOUS RELEASE
TABLETS 100/250

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	1000 mg	1666 %
Lemon Bioflavonoids	500 mg	*
Rose Hips	50 mg	*
Rutin (99% Pure)	50 mg	*
Hesperidin	50 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Silica, Hydroxypropyl Cellulose, Zein, and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

365 SUPER C POWDER

2,000 MG BUFFERED VITAMIN C
POWDER 6 OZ./18 OZ.

Supplement Facts
Serving Size 1 Teaspoon (5 g)

	Amount Per Serving	% Daily Value
Calories	8	
Total Carbohydrates	2 g	<1% †
Sugars	2 g	*
Vitamin C (Ascorbic Acid)	2000 mg	3333 %
Calcium (Carbonate)	100 mg	10 %
Magnesium (Carbonate)	50 mg	12.5 %
Potassium (Carbonate)	99 mg	3 %
Lemon Bioflavonoids	20 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Fructose, Mixed Berry Flavor and Silica.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

390 VITAMIN C

500 MG WITH ACEROLA & ROSE HIPS
CHEWABLE – ORANGE FLAVORING
TABLETS 100/250

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Total Carbohydrates	1 g	<1 % †
Sugars	1 g	*
Vitamin C (Sodium Ascorbate and Ascorbic Acid)	500 mg	833 %
Sodium (Ascorbate)	43 mg	4 %

† Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Fructose, Sorbitol Powder, Dextrose, Ascorbic Acid, Orange Juice Crystals, Orange Flavor, Cellulose, Stearic Acid, Mannitol, Rose Hips, Acerola and Silica.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

VITAMIN E

502 VITAMIN E

100% NATURAL
200 I.U. – MIXED TOCOPHEROLS
SOFTGELS 100

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Total Calories 2		
Total Fat	174 mg	1 %†
Saturated Fat	28 mg	<1 %†
Trans Fat	3 mg	*
Unsaturated Fat	143 mg	*
Monounsaturated Fat	42 mg	*
Polyunsaturated Fat	100 mg	*
Cholesterol	0 mg	0 %†
Total Carbohydrates	61 mg	<1 %†
Protein	121 mg	<1 %†
Vitamin E	200 IU	667%
Mixed Tocopherols	5 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: D-a-Tocopherol, Gelatin, Soybean Oil, Glycerin, Purified Water, Mixed Tocopherols.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

503 VITAMIN E

100% NATURAL
400 I.U. – MIXED TOCOPHEROLS
SOFTGELS 50/100/250

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Total Calories 2		
Total Fat	83 mg	1 %†
Saturated Fat	13 mg	<1 %†
Trans Fat	.4 mg	*
Unsaturated Fat	70 mg	*
Monounsaturated Fat	22 mg	*
Polyunsaturated Fat	47 mg	*
Cholesterol	0 mg	0 %†
Total Carbohydrate	83 mg	<1 %†
Protein	163 mg	<1 %†
Vitamin E (d-a-Tocopherol)	400 IU	1333%
Mixed Tocopherols	5 mg	*

†Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: D-a-Tocopherol, Gelatin, Glycerin, Purified Water, Soybean Oil, Mixed Tocopherols.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

504 VITAMIN E

100% NATURAL
1,000 I.U. – MIXED TOCOPHEROLS
SOFTGELS 30/90

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Total Calories 6		
Total Fat	476 mg	1 %†
Saturated Fat	77 mg	<1 %†
Trans Fat	0 mg	*
Unsaturated Fat	399 mg	*
Monounsaturated Fat	120 mg	*
Polyunsaturated Fat	279 mg	*
Cholesterol	0 mg	0 %†
Total Carbohydrates	140 mg	<1 %†
Protein	275 mg	<1 %†
Vitamin E	1,000 IU	3333%
Mixed Tocopherols	5 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: D-a-Tocopherol, Gelatin, Glycerin, Soybean Oil, Purified Water, Mixed Tocopherols.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

905 CALCIUM CITRATE

WITH VITAMIN D
CAPSULES 90/180

Supplement Facts
Serving Size 6 Capsules

	Amount Per Serving	% Daily Value
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Calcium (Calcium Citrate)	1,000 mg	100 %

Other Ingredients: Rice Flour, Vanilla Flavor (soy), Gelatin and Water.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

910 CAL-MAG

CAPSULES 100/250

Supplement Facts
Serving Size 4 Capsules

	Amount Per Serving	% Daily Value
Calcium (Carbonate)	1000 mg	100 %
Magnesium (Oxide)	500 mg	125 %

Other Ingredients: Vanilla Flavor (soy), Gelatin and Water.
CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

913 CALCIUM WITH BORON-3

CAPSULES 120/240

Supplement Facts
Serving Size 4 Capsules

	Amount Per Serving	% Daily Value
Vitamin D-3 (Cholecalciferol)	400 I.U.	100 %
Calcium (Citrate/Carbonate)	1000 mg	100 %
Magnesium (Aspartate/Oxide)	500 mg	125 %
Zinc (Amino Acid Chelate/ Picolinate)	15 mg	100 %
Copper (Sulfate)	500 mcg	25 %
Manganese (Gluconate)	5 mg	250 %
Betaine	324 mg	*
Boron (Citrate/Aspartate)	3 mg	*

*Daily Value not established

Other Ingredients: Vanilla Flavor (soy), Silica, Cellulose, Gelatin and Purified Water.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

928 CAL-MAG CHELATE

TABLETS 90/180

Supplement Facts
Serving Size 3 Tablets

	Amount Per Serving	% Daily Value
Calcium (Carbonate/ Amino Acid Chelate) (soy)	1000 mg	100 %
Magnesium (Oxide/ Amino Acid Chelate) (soy)	500 mg	125 %
Betaine	25 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Cellulose, Stearic Acid, Sodium Starch Glyconate, Silica, Guar Gum, Vanilla Flavor (soy), Hydroxypropyl Cellulose and Food Glaze Coatings.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

939 ALBION® CAL-MAG WITH VITAMIN D

1:1 RATIO

VEGGIE CAPS 120/180/240

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	200 IU	50 %
Calcium (TRAACS® Calcium Bisglycinate Chelate)	80 mg	8 %
Magnesium (TRAACS® Buffered Magnesium Bisglycinate Chelate)	80 mg	20 %

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

TRAACS® is a registered trademark of Albion Laboratories Inc. (US Patent 7,838,042). Albion Medallion design is a registered trademark of Albion Laboratories Inc.

1007 CORAL CAL-MAG

VEGGIE CAPS 180

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Calcium (Coral Mineral)	670 mg	37.5 %
Magnesium (Magnesium Oxide & Coral Mineral)	167 mg	60 %
Vitamin C (Ascorbic Acid)	5 mg	100%
DL-Malic Acid	10 mg	100%

Other Ingredients: Hypromellose and Purified Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1036 CAL-MAG (CITRATE)

TABLETS 100

Supplement Facts

Serving Size 6 Tablets

	Amount Per Serving	% Daily Value
Calcium (Citrate)	1000 mg	100 %
Magnesium (Citrate)	500 mg	125 %

Other Ingredients: Vanilla Flavor (soy), Stearic Acid, Guar Gum, Modified Cellulose and Food Glaze Coating.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1024 SUPER CAL-MAG

CALCIUM-MAGNESIUM 1,000/500

TABLETS 100/250

Supplement Facts

Serving Size 3 Tablets

	Amount Per Serving	% Daily Value
Calcium (Carbonate)	1,000 mg	100 %
Magnesium (Oxide)	500 mg	125 %

Other Ingredients: Stearic Acid, Cellulose, Silica, Vanilla Flavor, Modified Cellulose and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

930 ALBION® CAL-MAG WITH POTASSIUM

2:1 RATIO

VEGGIE CAPS 90/120

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Calcium (TRAACS® Calcium Bisglycinate Chelate)	100 mg	10 %
Magnesium (TRAACS® Buffered Magnesium Bisglycinate Chelate)	45 mg	11 %
Potassium (TRAACS® Potassium Bisglycinate Complex)	26 mg	1 %

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

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909 CAL-MAG-ZINC

1,000/500/75

CAPSULES 100/250

Supplement Facts

Serving Size 4 Capsules

	Amount Per Serving	% Daily Value
Calcium (Carbonate)	1000 mg	100 %
Magnesium (Oxide)	500 mg	126 %
Zinc (Citrate)	75 mg	500 %

Other Ingredients: Calcium Sulfate, Vanilla Flavor (soy), Gelatin and Water.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors or preservatives.

1033 CHROMIUM (PICOLINATE)

TABLETS 100

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Chromium (Picolinate)	200 mcg	166 %

Other Ingredients: Dicalcium Phosphate, Calcium Sulfate, Stearic Acid and Guar Gum.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

610 HEMO-IRON

WITH FERROCHEL®

TABLETS 90

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	100 mg	167 %
Vitamin B-6 (Pyridoxine HCl)	20 mg	1000 %
Folic Acid (Folate)	400 mcg	100 %
Vitamin B-12 (Cyanocobalamin)	50 mcg	833 %
Iron (Ferrochel®, TRAACS® Ferrous Bisglycinate Chelate)	29 mg	161 %
Copper (TRAACS® Copper Bisglycinate Chelate)	2 mg	100 %

Other Ingredients: Calcium Sulfate, Stearic Acid, Cellulose, Anise *(Pimpinella anisum)* (L), Spinach Powder *(Spinacia oleracea)* (L), Alfalfa *(Medicago sativa)* (L) and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

***Ferrochel®, TRAACS®** are registered trademarks of Albion Laboratories Inc. (US Patent 7,838,042). Albion **TRAACS®** Iron has been proven to be highly bioavailable, hypoallergenic and well-tolerated.

614 IRON-GLYCINE

FERROCHEL®
TABLETS 90

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Iron (Ferrochel®, TRAACS® Ferrous Bisglycinate Chelate)	25 mg	138 %

Other Ingredients: Stearic Acid, Cellulose, Anise *(Pimpinella anisum)* (L), Spinach Powder *(Spinacia oleracea)* (L), Alfalfa *(Medicago sativa)* (L) and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

***Ferrochel®, TRAACS®** are registered trademarks of Albion Laboratories Inc. (US Patent 7,838,042). Albion **TRAACS®** Iron has been proven to be highly bioavailable, hypoallergenic and well-tolerated.

917 ALBION® CHELATED MAGNESIUM

150 MG
VEGGIE CAPS 60/90/120/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value*
Magnesium (TRAACS® Buffered Magnesium Bisglycinate Chelate)	150 mg	38 %

Other Ingredients: Magnesium Oxide, Citric Acid, Maltodextrin, Silica, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

TRAACS® is a registered trademark of Albion Laboratories Inc. (US Patent 7,838,042). Albion **TRAACS®** Magnesium has been proven to be highly bioavailable, hypoallergenic and well-tolerated.

919 ALBION® IRON

18 MG
VEGGIE CAPS 60/90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Iron (Ferrochel®, TRAACS® Ferrous Bisglycinate Chelate)	18 mg	100 %

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

***Ferrochel®, TRAACS®** are registered trademarks of Albion Laboratories Inc. (US Patent 7,838,042). Albion **TRAACS®** Iron has been proven to be highly bioavailable, hypoallergenic and well-tolerated.

1014 MAGNESIUM

CITRATE
TABLETS 100/250

Supplement Facts
Serving Size 2 Tablets

	Amount Per Serving	% Daily Value
Magnesium (Citrate)	200 mg	50 %

Other Ingredients: Calcium Sulfate, Stearic Acid, Modified Cellulose, Croscarmellose Sodium and Food Glaze (coating).

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

923 ALBION® CHELATED MANGANESE

15 MG
VEGGIE CAPS 60/120

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value*
Manganese (TRAACS® Manganese Bisglycinate Chelate)	15 mg	750 %

Other Ingredients: Rice Powder, Stearic Acid, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

TRAACS® is a registered trademark of Albion Laboratories Inc. (US Patent 7,838,042). Albion **TRAACS®** Manganese has been proven to be highly bioavailable, hypoallergenic and well-tolerated.

907 SELENIUM

200 MCG
TABLETS 60/90

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value*
Selenium (Amino Acid Chelate/Oxide)	200 mcg	286 %

*Daily value not established

Other Ingredients: Dicalcium Phosphate, Stearic Acid, Cellulose, Guar Gum and Silica.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1006 POTASSIUM

CITRATE - 99 MG
TABLETS 100/250/500

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value*
Potassium (Citrate)	99 mg	3 %

Other Ingredients: Calcium Sulfate, Stearic Acid, Cellulose, Silica and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1041 ALBION® VANADIUM CHELAVITE

500 MCG
VEGGIE CAPS 60/120/180

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value*
Vanadium (TRAACS® Nicotinate Glycinate Chelate)	500 mcg	*

* Daily Value not established

Other Ingredients: Rice Powder, Stearic Acid, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

Keep tightly closed in a cool, dry place.

1010 ZINC-50

CITRATE 50 MG
TABLETS 100/250

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Zinc (Citrate)	50 mg	333 %

Other Ingredients: Calcium Sulfate, Stearic Acid, Cellulose and Silica.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1034 MULTI MINERAL

CAPSULES 90/180

Supplement Facts

Serving Size 4 Capsules

	Amount Per Serving	% Daily Value
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Calcium (Carbonate)	1000 mg	100 %
Iron (Ferrous Fumarate)	30 mg	167 %
Iodine (Kelp) *(Ascophyllum nodosum)*	150 mcg	100 %
Magnesium (Oxide)	500 mg	125 %
Zinc (Citrate)	50 mg	333 %
Selenium (Amino Acid Chelate)	50 mcg	71 %
Copper (Glucoante)	3 mg	150 %
Manganese (Gluconate)	10 mg	500 %
Chromium (Amino Acid Chelate) (soy)	50 mcg	42 %
Potassium (Citrate)	95 mg	3 %
Betaine	100 mg	*
Glutamic Acid	90 mg	*

* Daily Value not established

Other Ingredients: Vanilla Flavor (soy), Gelatin and Water.

WARNING: Accidental overdose of iron-containing products is the leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

705 L-ARGININE

500 MG
CAPSULES 60/90

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Arginine (Free-Form Amino Acid)	500 mg	*

* Daily Value not established

Other Ingredients: Rice Flour, Silica, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

707 L-ARGININE POWDER

POWDER 100 GM/500 GM

Supplement Facts
Serving Size 1 Teaspoon

	Amount Per Serving	% Daily Value
L-Arginine	3 g	*

* Daily Value not established

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

796 ACETYL L-CARNITINE

500 MG
CAPSULES 50/100/180

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Acetyl L-Carnitine	500 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Silica, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

798 L-CARNITINE

500 MG
TABLETS 30/60/180

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
L-Carnitine (L-Carnitine L-Tartrate)	500 mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose, Food Glaze, Vegetable Stearic Acid, Silica. **Contains <2% of:** Enteric Coating (Sodium Alginate and Stearic Acid), Natural Palm Leaf Glaze, Titanium Dioxide Color, Vegetable Magnesium Stearate.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

800 N-ACETYL–L-CYSTEINE (NAC)

685 MG
CAPSULES 60/100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
N-Acetyl-L-Cysteine (NAC)	685 mg	*

* Daily Value not established

Other Ingredients: Vanilla Flavor (Soy), Gelatin and Water.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

717 L-GLUTATHIONE

250 MG
VEGGIE CAPS 60

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
L-Glutathione	250 mg	*

* Daily Value not established

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

715 L-GLUTAMINE

500 MG
CAPSULES 60/180

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Glutamine (Free-Form Amino Acid)	500 mg	*

* Daily Value not established

Other Ingredients: Whey (milk), Gelatin and Water.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

725 L-LYSINE

500 MG
CAPSULES 60/90

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Lysine	500 mg	*

* Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

740 L-PHENYLALANINE

500 MG
CAPSULES 60

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Phenylalanine (Free-Form Amino Acid)	500 mg	*

* Daily Value not established

Other Ingredients: Whey (milk), Gelatin and Water.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

720 L-TRYPTOPHAN

500 MG
CAPSULES 60/120/180

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Tryptophan	500 mg	*

* Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

795 ANABOLIC "23"

FREE FORM AMINO ACIDS
CAPSULES 100

Supplement Facts
Serving Size 6 Capsules

	Amount Per Serving	% Daily Value
Vitamin B-6 (Pyridoxine HCl)	50 mg	2500 %
• L-Leucine	500 mg	*
Glutamic Acid	500 mg	*
• L-Lysine	450 mg	*
L-Serine	350 mg	*
• L-Valine	350 mg	*
L-Tyrosine	300 mg	*
Aspartic Acid	300 mg	*
• L-Isoleucine	250 mg	*
• L-Phenylalanine	250 mg	*
• L-Threonine	200 mg	*
• L-Methionine	200 mg	*
L-Proline	200 mg	*
• L-Arginine	150 mg	*
L-Ornithine	150 mg	*
L-Glutamine	150 mg	*
L-Glycine	150 mg	*
• L-Histidine	100 mg	*
L-Taurine	100 mg	*
L-Cysteine	50 mg	*
L-Cystine	50 mg	*
L-Alanine	30 mg	*
L-Citrulline	20 mg	*
L-Carnitine	1 mg	*

* Daily Value not established

• Essential Amino Acids.

Other Ingredients: Silica, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

2015 SOY PROTEIN POWDER NON-GMO

POWDER 1 LB. / 3 LB.

Nutrition Facts

Serving Size 1 Heaping Scoop (30 g)
Servings per Container: 1 Lb: 15 / 3 Lb: 45

Amount Per Serving

Calories	110
Calories from Fat	15
Calories from Saturated Fat	0
	% Daily Value
Total Fat 1.5 g	2 %
Saturated Fat 0 g	0 %
Cholesterol 0 mg	0 %
Sodium 288 mg	12 %
Potassium 45 mg	1 %
Total Carbohydrates 0 g	0 %
Protein 27 g	
Calcium	4 %
Niacin	2 %
Magnesium	4 %
Iron	25 %
Phosphorus	25 %
Zinc	30 %

Not a significant source of cholesterol, dietary fiber, sugars, vitamin A and vitamin C.

† Percent of Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 mg
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

Other Ingredients: Soy Protein Isolate (Soy) (with naturally occurring soya isoflavonoids), Silica, Lecithin and Papain.

Typical Amino Acid Profile (Per Serving):

Threonine	1053 mg	* Methionine	378 mg
Serine	1480 mg	* Isoleucine	1269 mg
Glutamic Acid	5370 mg	* Leucine	2241 mg
Proline	1490 mg	* Tyrosine	1134 mg
Glycine	1160 mg	* Phenylalanine	1458 mg
Alanine	1165 mg	* Histidine	729 mg
*Cystine	324 mg	* Lysine	1728 mg
*Valine	1269 mg	* Arginine	2214 mg
Aspartic Acid	3240 mg	* Tryptophan	297 mg

*Essential Amino Acids

Our **Non-GMO** (Genetically Modified Organism) Soy Protein is certified by our supplier to be produced in accordance with the certified **Identity Preservation Program (IPP)**. The soybeans are grown from natural seed stock and all aspects of growth and production are monitored for genetic purity. Genetic (DNA) testing is performed on our **Non-GMO Soy Protein** to verify that it is pure and not contaminated with other DNA.

Isoflavonoids Per Serving:

Genistein	24 mg
Daidzein	22 mg
Glycitein	4 mg
Total	**50 mg**

Soy Protein is made from defatted soybeans and is manufactured using a proprietary water extraction method that concentrates the Isoflavones while maintaining the ratio of genestein, daidzein and glycitein as they are found in the natural soybean. Soy Isoflavones demonstrate estrogenic activity and are the subject of numerous research studies. This product contains over 15 times the amount of Isoflavones per gram, when compared to other types of soy containing products. According to recent information one should supplement with 45 mg of Isoflavones per day, or the amount found in only one serving of Soy Protein.

†25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol may reduce the risk of heart disease. One serving of Soy Protein supplies 27 grams of non-genetically modified soy protein.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

ESSENTIAL FATTY ACIDS

904 MEGA EPA

300 MG
SOFTGELS 50

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	9	
Total Fat	1 g	1.5 % †
Polyunsaturated Fat	0.5 g	*
Cholesterol	5 mg	1.7 %
Vitamin E	1 IU	3 %
Omega-3 Fatty Acids	300 mg	*
EPA (Eicosapentaenoic Acid)	180 mg	*
DHA (Docosahexaenoic Acid)	120 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Marine Lipid Concentrate, Gelatin, Glycerin, Purified Water and D-Alpha Tocopherol.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

931 MEGA EPA

HIGH POTENCY
SOFTGELS 100

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Total Calories 13		
Total Fat	1220 mg	<1 %†
Saturated Fat	61 mg	<1 %†
Trans Fat	0 mg	*
Unsaturated Fat	1160 mg	*
Monounsaturated Fat	244 mg	*
Polyunsaturated Fat	916 mg	*
Cholesterol	0 mg	0 %†
Total Carbohydrates	150 mg	<1 %†
Protein	296 mg	<1 %†
Marine Lipid Concentrate	1200 mg	*
EPA	360 mg	*
DHA	240 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Marine Lipid Concentrate, Gelatin, Glycerin, Purified Water, Mixed Tocopherols.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4066 EVENING PRIMROSE OIL

1,300 MG
SOFTGELS 60/90/180

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	15	
Calories from Fat	10	
Total Fat	1.5 g	2 %†
Polyunsaturated Fat	1 g	*
Monounsaturated Fat	0 g	*
Evening Primrose Oil (seed)	1300 mg	*
Cis-Linoleic Acid (LA) 949 mg		*
Gamma-Linolenic Acid 117 mg		*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Gelatin, Vegetable Glycerin and Purified Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4005 FLAX SEED OIL

1,000 MG
SOFTGELS 60/120

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	Calories
Total Calories 11		
Total Fat	1000 mg	9
Saturated Fat	90 mg	.8
Trans Fat	0 mg	0
Unsaturated Fat	910 mg	8
Monounsaturated Fat	180 mg	2
Polyunsaturated Fat	730 mg	7
Total Carbohydrate	125 mg	.5
Protein	273 mg	1
Cholesterol	0 mg	0

	Amount Per Serving	% DV
Organic Flax Seed Oil	1000 mg	*

*Daily Value not established

Other Ingredients: Gelatin, Glycerin, Purified Water, Carob Extract.

932 KRILL OIL

SOFTGELS 60

Supplement Facts

Serving Size 2 Softgels

	Amount Per Serving	% Daily Value
Calories	7	
Calories from Fat	7	
Vitamin A	100 I.U.	2 % †
Azantis® Krill Oil	**1,000 mg**	*
Phospholipids		
(with bonded Omega-3)	400 mg	*
Total Omega-3 Fatty Acids	190 mg	*
EPA (eicosapentaenoic acid)	90 mg	*
DHA (docosahexaenoic acid)	50 mg	*
Astaxanthin Esterified	0.2 mg	

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Gelatin, Glycerin, Water and Lemon Oil Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

DIETARY FIBER

2001 VERY BERRY FIBER

CHEWABLE TABLETS 120

Supplement Facts

Serving Size 4 Tablets

	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrates	7 gm	2 %
Dietary Fiber	4 gm	16 %
Soluble Fiber	4 gm	*
Sugars	2 gm	

† Percent Daily Values based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Inulin (a Natural Vegetable Fiber), Dextrose, Cellulose, Stearic Acid and Natural Flavors.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

2044 FIBER CAP

CAPSULES 100

Supplement Facts

Serving Size 5 Capsules

	Amount Per Serving	% Daily Value
Calories	10	
Total carbohydrates	2 g	<1 %†
Dietary Fiber	2 g	8 %
Psyllium Seed Husks *(Plantago psyillum)* (L)	2.5 g	*
Oat Fiber *(Avena sativa)* (L)	50 mg	*
Cascara sagrada *(Frangula purshiana)* (bark)	50 mg	*
Lactobacillus Acidophilus (milk)	50 mg	*

† Percent of Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Rice Flour, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

WARNING: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing.

2045 NATURAL FIBER CONCENTRATE

CHOLESTEROL FREE

POWDER 14 OZ.

Supplement Facts

Serving Size 1 Teaspoon (4.5 g)
Servings Per Container 88

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrates	3.5 g	< 1 % †
Dietary Fiber	2 g	8 %
Sugars	1.5 g	*
Protein	< 1 g	

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Sweet Dairy Whey (milk), Psyllium Seed Powder, Rice Bran, Apple & Citrus Pectin, Guar Gum, Reshi Mushroom, Lactobacillus Acidophilus and Natural Vanilla Flavor.

CONTAINS NO soy, yeast, gluten, artificial colors, flavors or preservatives.

3001 ALPHA LIPOIC ACID

100 MG
VEGGIE CAPS 30/60/120/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid	100 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

3010 ALPHA LIPOIC ACID

300 MG
CAPSULES 30/60

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid	300 mg	*

*Daily Value not established

Other Ingredients: Cellulose, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

3003 SUPER ALPHA LIPOIC ACID

300 MG
TABLETS 30/60/120

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Biotin	100 mcg	33 %
Alpha Lipoic Acid	300 mg	*

*Daily Value not established

Other Ingredients: Cellulose, Dicalcium Phosphate, Stearic Acid and Silica.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4033 GRAPE SEED EXTRACT

ACTIVIN®
CAPSULES 60/120

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Activin® Grape Seed Extract..... (95% Procyanidins) *(Vitis vinifera)* (L) (fruit)	50 mg	*
Mixed Bioflavonoids ..... (Citrus)	50 mg	*

* Daily Value not established

Other Ingredients: Cellulose, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

(Activin® is a Registered trademark of Horphag Research Ltd.)

3061 trans-RESVERATROL PLUS

CAPSULES 60

Supplement Facts

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Red Wine Powder	250 mg	*
Red Wine Extract 30% Polyphenols (60 mg)	200 mg	*
Grape Seed Extract *(Vitis vinifera)* (L) 95% Polyphenols (95 mg)	100 mg	*
trans-Resveratrol Japanese Knotweed *(Polygonum cuspidatum)*	75 mg	*

* Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

3039 DOUBLE STRENGTH trans-RESVERATROL PLUS

CAPSULES 60

Supplement Facts

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Red Wine Powder	250 mg	*
Red Wine Extract 30% Polyphenols (60 mg)	200 mg	*
trans-Resveratrol (Japanese Knotweed) *(Polygonum cuspidatum)*	325 mg	*
Grape Seed Extract *(Vitis vinifera)* (L) 95% Polyphenols (95 mg)	100 mg	*

*Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4038 DMAE

100 MG
VEGGIE CAPS 60

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
DMAE (Dimethylaminoethanol; Bitartrate Salt)	100 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4097 SMART PS™ PHOSPHATIDE COMPLEX

500 MG
SOFTGELS 30/60

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Total Calories 5		
Total Fat	500 mg	1 %†
Saturated Fat	110 mg	<1 %†
Trans Fat	0 mg	*
Unsaturated Fat	390 mg	*
Monounsaturated Fat 75 mg		
Polyunsaturated Fat 315 mg		
Cholesterol	0 mg	0 %†
Total Carbohydrates	57 mg	<1 %†
Protein	157 mg	<1 %†
Phosphatidylserine	100 mg	*
Phosphatidylcholine	25 mg	*
Phosphatidylethanolamine	2.5 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Phosphatidylserine 20%, Gelatin, Glycerin, Polyglycitol Syrup, Purified Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

408 SUPER ENZYMES

TABLETS 100/250

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Betaine	150 mg	*
Fenugreek *(Trigonella foenum-graecum)* (L) (Seed Powder)	100 mg	*
Pancreatin	100 mg	*
Pancrelipase	100 mg	*
Ox Bile Extract	75 mg	*
Pepsin	50 mg	*
Amylase	40 mg	*
Papain	25 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Vanilla Cream Flavor, Croscarmellose Sodium, Food Glaze and Zein Coatings.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

410 SUPER ACIDOPHILUS

CAPSULES 100/250

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Lactobacillus acidophilus (milk) (Equivalent to 700 Million Viable Organisms at time of manufacture)	600 mg	*

* Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

411 ACIDOPHILUS POWDER

POWDER 90/200 GRAMS

Supplement Facts

Serving Size 1 Teaspoon (5g)

	Amount Per Serving	% Daily Value
Calories	16	
Total Carbohydrates	4 g	1 % †
Sugar	4 g	*
Lactobacillus acidophilus (milk) (Equivalent to 1 Billion Viable Organisms at time of manufacture)	900 mg	*

† Percent of Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Lactose (milk).

CONTAINS NO soy, yeast, gluten, artificial colors, flavors or preservatives.

418 ACIDOPHILUS WITH GOAT'S MILK

CAPSULES 100/250

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Lactobacillus acidophilus (milk) (Equivalent to 100 Million Viable Organisms at time of manufacture)	100 mg	*

* Daily Value not established

Other Ingredients: Lactose (milk), Whey Powder (milk), Goats Milk Powder (milk), Pectin, Microcrystalline Cellulose, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

401 BETAINE

VEGGIE CAPS 100

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Betaine	225 mg	*
Fenugreek *(Trigonella foenum-graecum)* (L) (Seed Powder)	100 mg	*
Pepsin	68 mg	*
Pectin	3 mg	*

* Daily Value not established

Other Ingredients: Rice Flour, Silica, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

417 BROMELAIN

200 MG
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Bromelain (2400 GDU per gram)	200 mg	*

*Daily Value not established

Other Ingredients: Calcium Sulfate, Cellulose, Stearic Acid, Guar Gum, Hydroxypropyl Cellulose and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6085 HERBAL CLEANSE

420 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Proprietary Blend:	420 mg	*

Fennel *(Foeniculum vulgare)* (seeds)
Ginger *(Zingiber officinale)* (root)
Cascara sagrada *(Cascara sagrada)* (L) (bark)
Barberry *(Berberis vulgaris)* (L) (root)
Rhubarb *(Rheum officinale)* (root)
Senna *(Cassia senna)* (L) (leaves)
Cayenne *(Capsicum annuum)* (L) (fruit)
Anise *(Pimpinella anisum)* (L) (seeds)

* Daily Value not established

Other Ingredients: Silica, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

420 PEPPERMINT ENZYMINTS

CHEWABLE DIGESTIVE ENZYMES
PEPPERMINT
TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calories	7	
Total Carbohydrates	2 g	< 1 % †
Sugar	2 g	*
Papaya *(Carica papaya)* (L) (Powder)	50 mg	*
Papain	10 mg	*
Bromelain	10 mg	*
Amylase	2 mg	*
Pancrelipase	2 mg	*
Pepsin 10x	2 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Dextrose, Sugar, Fructose, Silica, Stearic Acid, Peppermint Oil, Cellulose and Chlorophyll.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

425 SUPER ENZYMES – CAPS

CAPSULES 50/100/250

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Pancrelipase	100 mg	*
Pancreatin 3x	100 mg	*
Fenugreek *(Trigonella foenum-graecum)* (L) (Seed Powder)	100 mg	*
Pepsin	50 mg	*
Betaine	50 mg	*
Amylase (Fungal)	40 mg	*
Papain	25 mg	*
Ox Bile Extract	25 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Beet Root (*Beta vulgaris*) (L), Silica, Vanilla Flavor, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors or preservatives.

4074 DHEA

5 MG
VEGGIE CAPS 60/90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Pharmaceutical Grade DHEA (dehydroepiandrosterone)	5 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4076 DHEA

10 MG
VEGGIE CAPS 60/90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Pharmaceutical Grade DHEA (dehydroepiandrosterone)	10 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4078 DHEA

25 MG
VEGGIE CAPS 60/90/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Pharmaceutical Grade DHEA (dehydroepiandrosterone)	25 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4081 DHEA

10 MG FAST DISSOLVE
TABLETS 60/90

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Pharmaceutical Grade DHEA (dehydroepiandrosterone)	10 mg	*

* Daily Value not established

Other Ingredients: Sorbitol, Sucrose, Microcrystalline Cellulose, Cherry Flavor and Vegetable Stearic Acid.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

4082 DHEA

25 MG FAST DISSOLVE
TABLETS 60/90/180

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Pharmaceutical Grade DHEA (dehydroepiandrosterone)	25 mg	*

* Daily Value not established

Other Ingredients: Sorbitol, Dextrose, Microcrystalline Cellulose, Cherry Flavor and Vegetable Stearic Acid.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

4083 DHEA

50 MG FAST DISSOLVE
TABLETS 60/90/180

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Pharmaceutical Grade DHEA (dehydroepiandrosterone)	50 mg	*

* Daily Value not established

Other Ingredients: Sorbitol, Sucrose, Microcrystalline Cellulose, Cherry Flavor and Vegetable Stearic Acid.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

4084 DHEA

10 MG MICRONIZED
VEGGIE CAPS 60/90/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Micronized DHEA (dehydroepiandrosterone)	10 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4085 DHEA

25 MG MICRONIZED
VEGGIE CAPS 60/90/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Micronized DHEA (dehydroepiandrosterone)	25 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4086 DHEA

50 MG MICRONIZED
VEGGIE CAPS 60/90/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Micronized DHEA (dehydroepiandrosterone)	50 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4088 PREGNENOLONE

10 MG
VEGGIE CAPS 60/90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Pharmaceutical Grade Pregnenolone	10 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4089 PREGNENOLONE

25 MG
VEGGIE CAPS 60/90/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Pharmaceutical Grade Pregnenolone	25 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4090 PREGNENOLONE

50 MG
VEGGIE CAPS 60/90/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Pharmaceutical Grade Pregnenolone	50 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

EYE HEALTH

4095 LUTEIN

20 MG
VEGGIE CAPS 60/120/180

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Lutein (from Marigold Petal Extract) *(Tagetes erecta)* (L)	20 mg	*
Zeaxanthin	1 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4011 EYESAFE

TABLETS 30/60

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (Beta Carotene)	25,000 I.U.	500 %
Vitamin C (Ascorbic Acid)	500 mg	833 %
Vitamin E (d-AlphaTocopheryl Succinate)	400 I.U.	1333 %
Zinc (Oxide)	64 mg	426 %
Copper (Oxide)	2 mg	100 %
Lutein Concentrate (3%) *(from Tagetes erecta)* (L)	5 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Silica, Hydroxypropyl Cellulose and Zein Coatings.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

4093 EYE FORMULA

325 MG
VEGGIE CAPS 30/60/90/180

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid	100 mg	*
Bilberry *(Vaccinium myrtillus)* (L) Extract (providing a minimum of 25 mg Anthrocyanosides)	100 mg	*
Milk Thistle *(Silybum marianum)* (L) (seed) (providing a minimum of 80 mg Silymarin)	100 mg	*
Lutein (from Marigold Petal Extract) *(Tagetes erecta)* (L)	25 mg	*
Xanthium Powder (*Xanthium sibiricum*)	1 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4056 CO-Q 10

60 MG
CAPSULES 60

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
CoEnzyme Q10 (Ubiquinone)	60 mg	*

* Daily Value not established

Other Ingredients: Cellulose, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4060 CO-Q 10

30 MG
CAPSULES 30/60

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
CoEnzyme Q10 (Ubiquinone)	30 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Cellulose, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4064 PROSMATE™

CAPSULES 60/90

Supplement Facts
Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Zinc (Gluconate)	30 mg	200 %
Saw Palmetto Extract *(Serenoa repens)* (berries) (Standardized to 25% fatty acids)	150 mg	*
Plant Phytosterols (bioactive Beta Sitosterol)	150 mg	*
Pygeum *(Prunnus africana)* (plant) (Standaridized to 2.5% bio-active sterols)	50 mg	*
Turmeric *(Curcuma longa)* (L) (root) (Standardized to 95% curcumin)	30 mg	*
Juniper Berries *(Juniper communis)* (L) (fruit)	50 mg	*
False Unicorn *(Chamaelirium luteum)* (L) (root)	50 mg	*
Bearberry *(Arctostaphylos uva-ursi)* (L) (leaves)	50 mg	*
Parsley *(Petroselinum crispum)* (plant)	50 mg	*
Lycopene (Concentrate)	25 mg	*

* Daily Value not established

Other Ingredients: Cellulose, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4069 CO-Q 10

100 MG
SOFTGELS 30/60/120

Supplement Facts
Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (d-Alpha Tocopherol)	5 IU	17%
CoEnzyme Q10 (Ubiquinone)	100 mg	*

*Daily Value not established

Other Ingredients: Rice Bran Oil, Gelatin, Vegetable Glycerin, Soy Lecithin. **Contains <2% of:** Annatto Color, Titanium Dioxide Color.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4071 RED YEAST RICE COMBO

VEGGIE CAPS 60/90/120

Supplement Facts

Serving Size 2 Veggie Caps

	Amount Per Serving	% Daily Value
Red Yeast Rice Extract	1.2 g	*
Milk Thistle Extract *(Silybum marianum)* (L)	210 mg	*
Alpha Lipoic Acid	100 mg	*
CoEnzyme Q10 (Ubiquinone)	60 mg	*

*Daily Value not established

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4028 RED YEAST RICE EXTRACT

600 MG

CAPSULES 90/180

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Red Yeast Rice Extract (*Monascus purpureus*) (Standarized to .4% Monacolin)	600 mg	*
Oat Bran *(Avena sativa)* (L)	50 mg	*
Gugulipid® (*Commiphora mukul*) (Standardized to 2.5% Guggulsterones from plant resin)	25 mg	*

* Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

Gugulipid® is a registered trademark of the Sabinsa Corporation.

4012 RED YEAST RICE EXTRACT

450 MG

CAPSULES 90/180

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Red Yeast Rice Extract (*Monascus Purpureus*)	450 mg	*
Oat Bran *(Avena sativa)* (L)	50 mg	*
Gugulipid® *(Commiphora mukul)* (Standardized to 2.5% Guggulsterones from plant resin)	25 mg	*

* Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4099 TURKEY TAIL MUSHROOMS

500 MG

VEGGIE CAPS 120

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Turkey Tail Mushrooms *(Trametes versicolor)*	500 mg	*

* Daily Value not established

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

394 ZINC LOZENGES

WITH A and C
CHERRY FLAVOR
LOZENGES100

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Total Carbohydrates	1 g	<1% †
Vitamin A (Acetate)	500 IU	10%
Vitamin C (Ascorbic Acid)	100 mg	167%
Zinc (Oxide)	15 mg	100%
Bee Propolis	50 mg	*

†Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Sorbitol, Natural Cherry and Vanilla Flavors, Magnesium Stearate, Hydroxypropyl Methylcellulose, Gelatin, Silicon Dioxide and Carmine.

CONTAINS NO soy, yeast, dairy, gluten, artificial colors, flavors or preservatives.

396 ZINC LOZENGES

WITH VITAMIN C & HERBS
LOZENGES 50/100

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrates	1 g	<1% †
Sugars	1 g	*
Vitamin C (Ascorbic Acid)	100 mg	167 %
Zinc (Citrate Gluconate)	15 mg	100 %
Bee Propolis (Concentrate)	50 mg	*
Echinacea *(Echinacea purpurea)* (L) (A dried 4:1 root concentrate)	25 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established

Other Ingredients: Dextrose, Fructose, Orange Juice Crystals, Stearic Acid, Cellulose and Natural Lime Flavor (soy).

CONTAINS NO yeast, dairy, gluten, artificial colors, flavors or preservatives.

397 THROAT EASE

ZINC LOZENGES
CHEWABLE
LOZENGES 50/100

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin C (Sodium Ascorbate)	40 mg	67 %
Zinc (Gluconate)	3.5 mg	23 %

Other Ingredients: Fructose, Orange Juice Flavor (soy), Orange Flavor, Stearic Acid, Cellulose, Dextrose and Silica.

CONTAINS NO yeast, dairy, gluten, artificial colors, flavors or preservatives.

4032 IMMUNE FACTOR

CAPSULES 90

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
100% Pure Colostrum (Low Heat Processed Bovine Colostrum)	430 mg	*
Total Immunoglobulins yields	75 mg	

* Daily Value not established

Other Ingredients: Silica, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4024 CHONDROITIN SULFATE & GLUCOSAMINE SULFATE

400/500 MG (SODIUM FREE)
CAPSULES 60/90/120/180/360

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Glucosamine Sulfate	500 mg	*
Chondroitin Sulfate	400 mg	*

* Daily Value not established

Other Ingredients: Gelatin and Water.

CONTAINS NO soy, yeast, sugar, salt, dairy, gluten, artificial colors, flavors or preservatives.

NOTE: Glucosamine is derived from shellfish.

4002 GLUCOSAMINE SULFATE

500 MG
CAPSULES 90/180

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Glucosamine Sulfate (Potassium)	500 mg	*

*Daily Value not established

Other Ingredients: Calcium Sulfate, Cellulose, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4034 FLEX REBUILDER™

CAPSULES 90/120

Supplement Facts

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Glucosamine Sulfate	500 mg	*
MSM (Methylsulfonylmethane)	500 mg	*
Chondroitin Sulfate	400 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

NOTE: Glucosamine Sulfate is derived from shellfish.

4006 GLUCOSAMINE CARTILAGE COMPLEX

CAPSULES 60/120

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C(Ascorbic Acid/ Manganese Ascorbate)	105 mg	175 %
Manganese (Ascorbate)	2.5 mg	125 %
Cartilage Complex (Shark & Chicken Cartilage) Type II Collagen & Mucopolysaccharides	500 mg	*
Glucosamine Sulfate (Potassium)	250 mg	*
MSM (Methyl Sulfonyl Methane)	50 mg	*
Boswellin *(Boswellia serrata)* (Standardized to contain 60% boswellic acid from tree resin)	25 mg	*
Turmeric Extract (Standardized to contain 95% curcumin) *(Curcuma longa)* (L) (root)	25 mg	*
Yucca Root *(Yucca schidigera)*	25 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Rice Flour, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4009 GLUCOSAMINE/MSM/ CHONDROITIN

ADVANCED FORMULA
TABLETS 90/180

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Glucosamine Sulfate (Potassium)	300 mg	*
MSM (Methyl Sulfonyl Methane)	300 mg	*
Chondroitin Sulfate	240 mg	*

* Daily Value not established

Other Ingredients: Stearic Acid, Cellulose, Silica, Hydroxypropyl Cellulose and Food Glaze Coatings.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4054 MSM

3 G (SERVING SIZE)
POWDER 200 GM / 400 GM

Supplement Facts

Serving Size 1 Teaspoon
200 GM: Servings Per Bottle 66
400 GM: Servings Per Bottle 133

	Amount Per Serving	% Daily Value
MSM (Methylsulfonylmethane)	3 g	*

*Daily Value not established

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4053 MSM

1,000 MG
VEGGIE CAPS 60/120/180/425

Supplement Facts

Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
MSM (Methylsulfonylmethane)	1000 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

3012 MSM

500 MG
CAPSULES 100

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
MSM (Methyl Sulfonyl Methane)	500 mg	*

*Daily Value not established

Other Ingredients: Calcium Sulfate, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

3015 MSM

1,000 MG
CAPSULES 100/200

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
MSM (Methyl Sulfonyl Methane)	1000 mg	*

*Daily Value not established

Other Ingredients: Silica, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4037 COLLAGEN II

CAPSULES 60/90/180

Supplement Facts

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
BioCell Collagen®	1 g	*
Hydrolyzed Collagen Type II	600 mg	
Chrondroitin Sulfate	200 mg	
Hyaluronic Acid	100 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

BioCell Collagen® is a registered trademark of BioCell Technology, LLC, Newport Beach, California USA (U.S. Patents 6,025,327; 6,323,319; 6,780,841; 7,091,180; 7,799,348 other U.S. and foreign patents pending).

3040 MEGA HAIR

CONTINUOUS RELEASE

TABLETS 60/90/120

Supplement Facts

Serving Size 3 Tablets

	Amount Per Serving	% Daily Value
Vitamin A (Beta Carotene)	10,000 I.U.	200 %
Vitamin C (Ascorbic Acid)	500 mg	833 %
Vitamin B1 (Thiamine)	50 mg	3333 %
Vitamin B2 (Riboflavin)	100 mg	5882 %
Niacin (Niacinamide)	50 mg	250 %
Vitamin B6 (Pyridoxine HCl)	100 mg	5000 %
Folic Acid	800 mcg	200 %
Biotin	2000 mcg	667 %
Pantothenic Acid (d-Calcium Pantothenate)	500 mg	5000 %
Zinc (Amino Acid Chelate)	5 mg	33 %
Choline (Bitartrate)	500 mg	*
Inositol	500 mg	*
L-Cysteine (Free Form Amino Acid)	175 mg	*
Para Amino Benzoic Acid	100 mg	*
Kelp *(Ascophyllum nodosum)*	10 mg	*

*Daily Value not established

Other Ingredients: Calcium Sulfate, Stearic Acid, Soy Protein (soy), Cellulose, RNA, Silica, Vanilla Flavor (soy), Guar Gum, Brewer's Yeast, Lecithin, Food Glaze and Chromaseal.

CONTAINS NO sugar, dairy, gluten, artificial colors, flavors or preservatives.

3030 VITA NAILS

TABLETS 60/90

Supplement Facts

Serving Size 2 Tablets

	Amount Per Serving	% Daily Value
Vitamin A (Fish Liver Oil) (Cod/Menhaden)	10,000 I.U.	200 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	400 I.U.	100 %
Vitamin B2 (Riboflavin)	25 mg	1470 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	150 mcg	2500 %
Calcium (Dicalcium Phosphate)	500 mg	50 %
Phosphorous (Dicalcium Phosphate)	200 mg	20 %
Magnesium (Amino Acid Chelate)	25 mg	6 %
Horsetail *(Equisetum arvense)* (L)	250 mg	*
DL-Methionine	100 mg	*
L-Cysteine	100 mg	*

*Daily Value not established

Other Ingredients: Gelatin Powder, Stearic Acid, Cellulose, Soy Protein (soy), Guar Gum, Silica, Vanilla Flavor (soy), Hydroxypropyl Cellulose and Zein Coatings.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

3045 HAIR, SKIN & NAILS

CAPSULES 60

Supplement Facts

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Vitamin A (Palmitate)	5,000 I.U.	100 %
Vitamin C (Ascorbic Acid)	100 mg	167 %
Vitamin D (Cholecalciferol) (Fish Liver Oil) (Cod/Menhaden)	800 I.U.	200 %
Vitamin B1 (Thiamine)	10 mg	667 %
Folic Acid	400 mcg	100 %
Vitamin B12 (Cyanocobalamin)	100 mcg	1667 %
MSM (Methylsulfonylmethane)	600 mg	*
Glucosamine	300 mg	*
Horsetail Powder *(Equisetum avense)* (L)	150 mg	*
Rosemary Powder *(Rosmarinus officinalis)* (L)	100 mg	*
Nettles Herb *(Urtica dioica)* (L)	100 mg	*

* Daily Value not established

Other Ingredients: Rice Flour, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6060 BREATHE-EZ

450 MG
CAPSULES 100

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Proprietary Blend:	450 mg	
Chickweed *(Stellaria media)* (L) (herb)		*
Mullein *(Verbascum thapsus)* (L) (leaves)		*
Marshmallow *(Althaea officinalis)* (L) (root)		*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.
CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6080 HERBAL RELAX

400 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Proprietary Blend:	400 mg	*
Valerian *(Valeriana officinalis)* (L) (root) Hops *(Humulus lupulus)* (L) (flowers) Scullcap *(Scutellaria lateriflora)* (L) (leaves)		

* Daily Value not established

Other Ingredients: Calcium Sulfate, Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4020 MELATONIN – 1 MG

FAST DISSOLVE TABLETS 100

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Melatonin	1 mg	*

* Daily Value not established

Other Ingredients: Lactose (milk) and Peppermint Flavor.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

4019 MELATONIN – 3 MG

TABLETS 60/120

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Melatonin	3 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Stearic Acid, Cellulose and Croscarmellose sodium.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4072 5-HTP

50 MG
VEGGIE CAPS 30/60/90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
5-HTP (*Griffonia simplicifolia)* (Extract) (seed)	50 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4073 5-HTP

100 MG
VEGGIE CAPS 30/60/90/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
5-HTP (*Griffonia simplicifolia)* (Extract) (seed)	100 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4004 5-HTP

100 MG
CAPSULES 60

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
5-HTP (*Griffonia Simplicofolia*) (Seed).....	100 mg	*

*Daily Value not established

Other Ingredients: Cellulose, Rice Flour, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

3009 K-A-L-B-6

TABLETS 100

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (Pyridoxine HCl)	15 mg	750 %
Lecithin	400 mg	*
Apple Cider Vinegar	50 mg	*
Kelp *(Ascophyllum nodosum)*	50 mg	*

*Daily Value not established

Other Ingredients: Stearic Acid, Silica and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6091 MENO-SOY PHYTOESTROGEN COMPLEX

CAPSULES 90/180

Supplement Facts

Serving Size 2 Capsules

	Amount Per Serving	% Daily Value
Soy Isoflavone Concentrate (Standardized to 45 mg Isoflavones from Non GMO Soybeans)	450 mg	*
Red Clover Extract *(Trifolium pratense)* (L) (aerial) (Standardized to 2.5% Total Isoflavones)	50 mg	*
Black Cohosh Root Extract *(Cimicifuga racemosa)* (L) (Standardized to 2.5% 27-deoxyactein)	50 mg	*
Dong Quai Root *(Angelica sinensis)*	75 mg	*
Wild Yam Root *(Discorea villosa)* (L)	100 mg	*
Licorice Root *(Glycyrrhiza glabra)* (L)	100 mg	*
Damiana Leaf *(Turnera diffusa)*	50 mg	*

* Daily value not established

Other Ingredients: Calcium Sulfate, Gelatin and Water.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

1025 MEGA ALFALFA LEAF

POWDER – 1,500 MG
TABLETS 100/250

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Alfalfa Leaf (*Medicago sativa*) (L)	1500 mg	*

* Daily Value not established

Other Ingredients: Silica, Cellulose, Croscarmellose Sodium, Zein and Food Glaze Coating.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

4031 MEGA GARLIC W/PARSLEY

1,000 MG/500 MG
SOFTGELS 60/90

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Garlic Oil (500:1 Extract) (*Allium sativum*) (L) Equivalent to 1000 mg of Fresh Garlic Cloves	2 mg	*
Parsley Oil (500:1 Extract) (*Petroselinum crispum*) Equivalent to 500 mg of Fresh Parsley	1 mg	*

* Daily Value not established

Other Ingredients: Soybean Oil, Gelatin, Glycerin and Water.

CONTAINS NO yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

801 KELP POWDER

NORTHERN ATLANTIC ORGANIC THORVIN™ IODINE SUPPLEMENT
POWDER 7 0Z.

Supplement Facts

Serving Size 1/4 Teaspoon (0.8g)
Servings Per Container: 245

	Amount Per Serving	% Daily Value
Iodine (Organic Thorvin™ Kelp) (*Ascophyllum nodosum*)	520 mcg	346 %

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

802 KELP

NORTHERN ATLANTIC ORGANIC THORVIN™ IODINE SUPPLEMENT
TABLETS 200/500

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Iodine (Organic Thorvin™ Kelp) (*Ascophyllum nodosum*)	225 mcg	150 %
Alfalfa Powder (*Medicago sativa*) (L)	30 mg	*

* Daily Value not established

Other Ingredients: Whey Powder (milk), Modified Cellulose, Silica and Guar Gum.

CONTAINS NO soy, yeast, sugar, gluten, artificial colors, flavors or preservatives.

6004 DONG QUAI

500 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Dong Quai *(Angelica sinensis)* (root)	500 mg	*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6005 CAYENNE POWDER

450 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Cayenne Pepper *(Capsicum annuum)* (L) (fruit) (a dried extract standardized to 40,000 HU/g)	450 mg	*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6006 BILBERRY EXTRACT

60 MG
CAPSULES 60/120

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Bilberry Extract *(Vaccinium myrtillus)* (fruit) (a dried extract standardized to 25% Anthocyanosides)	60 mg	*
Anthocyanosides	15 mg	

* Daily Value not established

Other Ingredients: Cellulose, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6007 GREEN TEA EXTRACT

100 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Green Tea Powder	350 mg	*
Green Tea Extract *(Camelia sinensis)* (L) (leaf) (a dried extract standardized to at least 50% polyphenols)	100 mg	*
Total Polyphenols	50 mg	

* Daily Value not established

Other Ingredients: Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6010 ECHINACEA

400 MG
CAPSULES 100/180

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Echinacea (*Echinacea angustofolia*) (root)	400 mg	*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6015 FEVERFEW

400 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Feverfew (*Tanacetum parthenium*) (L) (leaf)	400 mg	*

* Daily Value not established

Other Ingredients: Calcium Sulfate, Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6017 CRANBERRY JUICE CONCENTRATE

350 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	60 mg	100 %
Cranberry Concentrate (*Vaccinium macrocarpon*) (fruit) (a dried 10:1 concentrate of fresh Cranberry Juice)	350 mg	*

* Daily Value not established

Other Ingredients: Cellulose, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6020 GINGER ROOT

500 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Ginger Root (*Zingiber officinale*) (root)	500 mg	*

* Daily Value not established

Other Ingredients: Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6021 ELDERBERRY EXTRACT

100 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Elderberry Extract (*Sambucus nigra*) (L) (fruit) (a dried extract standardized to at least **5%** flavones)	100 mg	*
Total Flavones	5 mg	
Elderberry powder	325 mg	*

* Daily Value not established

Other Ingredients: Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6035 PAU D'ARCO

500 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Pau D' Arco *(Tabebuia heptaphylla)* (L) (Bark)	500 mg	*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6027 HORSETAIL

500 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Horsetail *(Equisetum arvense)* (L) (Plant)	500 mg	*
Silica (Horsetail and Silica)	20 mg	*

* Daily Value not established

Other Ingredients: Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6043 SAW PALMETTO EXTRACT

175 MG
CAPSULES 100/180

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Kelp *(Ascophyllum nodosum)*	200 mg	*
Saw Palmetto Extract *(Serenoa repens)* (fruit) (dried 4:1 extract of fresh berries)	175 mg	*
Parsley *(Petroselinum crispum)* (leaf)	100 mg	*
Fenugreek *(Trigonella foenum-graecum)* (L) (seed)	50 mg	*

* Daily Value not established

Other Ingredients: Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6050 VALERIAN ROOT

470 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Valerian *(Valeriana officinalis)* (L) (root)	470 mg	*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6051 BLACK COHOSH EXTRACT

160 MG
CAPSULES 60

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Black Cohosh Extract *(Cimicifuga racemosa)* (L) (Standardized to 2.5% Triterpene Glycosides)	160 mg	*

* Daily Value not established

Other Ingredients: Cellulose, Gelatin and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6056 MILK THISTLE EXTRACT

175 MG
CAPSULES 100/180

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Milk Thistle Extract *(Silybum marianum)* (L) (flower) (a dried extract standardized to 80% Silymarin)	175 mg	*
Silymarin	140 mg	
Milk Thistle *(Silybum marianum)* (L) (powder)	100 mg	*
Citrus Bioflavonoids	50 mg	*

* Daily Value not established

Other Ingredients: Rice Flour, Calcium Sulfate, Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6059 ASTRAGALUS ROOT

500 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Astragalus *(Astragalus membranaceus)* (root)	500 mg	*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6064 CINNAMON BARK EXTRACT

200 MG
VEGGIE CAPS 60/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Cinnamon Bark Extract *(Cinnamomum vernum)*	200 mg	*
10:1 Bark Extract Yielding 8% Flavonoids		

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6065 EYE BRIGHT

430 MG
CAPSULES 100

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Proprietary Blend:	430 mg	
Eyebright *(Euphrasia officinalis)* (L)		*
Goldenseal *(Hydrastis canadensis)* (L)		*
Bayberry *(Myrica cerifera)* (L) (bark)		*
Red Raspberry *(Rubus idaeus)* (L) (leaves)		*
Bilberry *(Vaccinium myrtillus)* (L) (Extract)		*
Cayenne *(Capsicum annuum)* (L) (fruit) 40 HU		*

* Daily Value not established

Other Ingredients: Silica, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6066 GINKGO

60 MG
VEGGIE CAPS 60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Ginkgo Extract (leaf) *(Ginkgo biloba)* (L)	60 mg	*
Ginkgo Flavones Glycosides	14.4 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6067 GINKGO

120 MG
VEGGIE CAPS 60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Ginkgo Extract (leaf) *(Ginkgo biloba)* (L)	120 mg	*
Ginkgo Flavones Glycosides	28.8 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6077 GRAPE SEED EXTRACT

100 MG
VEGGIE CAPS 30/60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Grape Seed Extract *(Vitis vinifera)* (L)	100 mg	*
Procyanidins	95 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6088 KAVA KAVA EXTRACT

250 MG
VEGGIE CAPS 30/60/90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Kava Kava Extract (root) *(Piper methysticum)*	250 mg	*
Kavalactones	75 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6095 ECHINACEA/GOLDENSEAL

CAPSULES 100/180

Supplement Facts
Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Proprietary Blend:	400 mg	*
Echinacea *(Echinacea angustifolia)* (root)		
Goldenseal *(Hydrastis canadensis)* (L) (root)		

* Daily Value not established

Other Ingredients: Calcium Sulfate, Water and Gelatin.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6096 SUPER OLIVIR

300 MG
VEGGIE CAPS 30/60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Olive Leaf Extract *(Olea europea)* (L)	300 mg	*
Oleuropein	45 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6100 ST. JOHN'S WORT EXTRACT

450 MG
VEGGIE CAPS 60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
St. John's Wort Extract (flowering tops & leaves) *(Hypericum perforatum)* (L)	450 mg	*
Hypericin	90 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6102 MILK THISTLE EXTRACT

250 MG
VEGGIE CAPS 60/120/180

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Milk Thistle Extract (seed) *(Silybum marianum)* (L)	250 mg	*
Silymarin	200 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6104 TURMERIC EXTRACT

100 MG
VEGGIE CAPS 60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Turmeric Extract (rhizome) *(Curcuma longa)* (L)	100 mg	*
Curcuminoids	95 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6106 TURMERIC EXTRACT

300 MG
VEGGIE CAPS 60/120

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Turmeric Extract (rhizome) *(Curcuma longa)* (L)	300 mg	*
Curcuminoids	285 mg	

* Daily Value not established

Other Ingredients: Rice Powder, Stearic Acid, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6110 ACAI (WILD CRAFTED)

500 MG
VEGGIE CAPS 100

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Acai Berry *(Euterpe oleracea)* (fruit)	500 mg	*

* Daily Value not established

Other Ingredients: Rice Flour, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6128 SEA BUCKTHORN

300 MG
VEGGIE CAPS 100

Supplement Facts
Serving Size 2 Veggie Caps

	Amount Per Serving	% Daily Value
Sea Buckthorn (*Hippophae rhamnoides*) (L) (fruit)	300 mg	*

* Daily Value not established

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6125 GOJI BERRY EXTRACT

500 MG
VEGGIE CAPS 60

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Goji Berry Extract *(Lycium barbarum)* (L) (fruit)	500 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6130 PURE IRVINGIA GABONENSIS EXTRACT

AFRICAN MANGO 150 MG
VEGGIE CAPS 60

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
WellTrim iG® (IGOB131®) African Mango *(Irvingia gabonensis)* Seed Extract	150 mg	*

* Daily Value not established

Other Ingredients: Rice Flour, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

WellTrim iG® is a trademark of Icon Group, LLC.
IGOB131® is a trademark of Gateway Health Alliances, Inc,. and is protected under U.S. Patent 7,537,790.

6137 PURE RED RASPBERRY KETONES

100 MG
VEGGIE CAPS 60

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Red Raspberry Ketones	100 mg	*

* Daily Value not established

Other Ingredients: Rice Flour Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6139 GREEN COFFEE BEAN EXTRACT

200 MG SVETOL® &
200 MG *COFFEA ARABICA*
VEGGIE CAPS 60

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Svetol® Green Coffee Bean Extract (*Coffea canephora robusta*) (bean) (Extract standardized to 50% total polyphenols and 45% total chlorogenic acids)	200 mg	*
Green Coffee Bean Extract (*Coffea arabica*) (bean) (Standardized to 50% total chlorogenic acids)	200 mg	*

* Daily Value not established

Other Ingredients: Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6140 ASHWAGANDHA ROOT

250 MG
VEGGIE CAPS 90

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Ashwagandha Root Powder (*Withania somnifera*) (L)	250 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

6147 GARCINIA CAMBOGIA

500 MG
VEGGIE CAPS 60

Supplement Facts
Serving Size 1 Veggie Cap

	Amount Per Serving	% Daily Value
Garcinia Cambogia (Standardized to 50% HCA)	500 mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Hypromellose and Water.

CONTAINS NO soy, yeast, sugar, dairy, gluten, artificial colors, flavors or preservatives.

Trusted Quality Since 1947.

EXCIPIENTS

The most advanced nutritional formulation in a dietary supplement could be worthless if the product doesn't disintegrate efficiently or falls apart in the bottle.

Excipients, binders, and fillers are inactive ingredients, usually odorless and tasteless that are used during the manufacture of tablets, capsules, softgels, or powders to ensure even dispersal during encapsulation or tableting and preserve the integrity of the product. Excipients also improve consistency, density and can aid in dissolution and effect the bioavailability of a formulation.

Randal Optimal uses no magnesium stearate in any of our products. All of our excipients are USP pharmaceutical grade and are considered to be safe and are suitable for vegetarians.

FILLERS

Dicalcium Phosphate, Calcium Sulphate
Naturally occurring minerals that are used to help shape the tablet.

BINDERS

Guar Gum
This is a natural plant fiber that helps bind active ingredients together. This gum will also swell when hydrated and increase the disintegration of the tablet.

Cellulose Derivatives
These alcohol and water soluble compounds are derived from natural plant sources and act as binders for the tablet.

LUBRICANTS

Stearic Acid
Stearic acid is common long-chain fatty acid, found in both natural animal and vegetable fats. Stearic acid is sourced from vegetable oils obtained from palm and other natural sources.

Silica
Used to help powder flow into tableting and encapsulating machines. Also used as an anti-caking excipient.

Vegetable Stearate
A cholesterol-free lubricant derived from plant oils.

COATINGS

Food Glaze
A natural coating derived from tree resins, and used to help make the tablet easier to swallow.

Zein
A natural coating derived from corn protein, and used to help make the tablet easier to swallow.

Hydroxypropyl Cellulose
A natural coating derived from cellulose protein, and used to make the tablet easier to swallow.

FULL DISCLOSURE

NO.	PRODUCT		VEGETARIAN	PRODUCT CONTAINS								SWEETNER ADDED
				GLUTEN	SOY	DAIRY	EGG	PEANUT	TREE NUTS	FISH	SEED	
100	VITAMIN A - 10,000 I.U.	TAB								■		
104	VIT A - 10,000 I.U. PALMITATE / BETA CAROTENE - 15,000 I.U.	CAP										
105	VITAMIN D-3 - 1,000 I.U.	TAB								■		
109	VITAMIN D-3 - 2,000 I.U.	VCAP								■		
111	VITAMIN D-3 - 2,000 I.U.	SGEL			■					■		
112	VITAMIN D-3 - 5,000 I.U.	VCAP								■		
114	VITAMIN D-3 - 10,000 I.U.	VCAP								■		
115	BETA CAROTENE - 25,000 I.U.	TAB	■		■							
116	VITAMIN D-3 - 50,000 I.U.	VCAP								■		
202	VITAMIN B-1 THIAMIN - 100 mg	TAB	■		■							
204	VITAMIN B-2 RIBOFLAVIN - 50 mg	TAB	■									
207	VITAMIN B-6 - 500 mg	TAB	■									
209	VITAMIN B-6 - 100 mg	TAB	■									
210	VITAMIN B-12 NATURAL CHERRY FLAVOR	TAB	■			■						■
213	VITAMIN B-12 - 5,000 mcg	TAB	■									
215	FOLIC ACID - 800 mcg	TAB	■			■						
216	FOLIC ACID - 1,000 mcg w/VITAMIN B-12	TAB				■						
218	VITAMIN B-12 - 1,000 mcg w/FOLIC ACID	TAB	■									
220	NIACIN - 250 mg	TAB	■									
221	BIOTIN - 300 mcg	TAB	■									
222	CHOLINE - 650 mg	TAB	■									
223	BIOTIN - 5,000 mcg	VCAP	■									
225	NIACINAMIDE - 500 mg	TAB	■									
228	PANTOTHENIC ACID - 500 mg	TAB	■									
232	B-COMPLEX 50	TAB	■		■							
236	STRESS X w/500 mg VITAMIN C	TAB	■		■							
239	B-COMPLEX 100	TAB	■		■							
250	B-COMPLEX 50	CAP			■							
252	B-COMPLEX 100	VCAP	■									
256	MEGA B 100/B-COMPLEX	CAP			■							
265	INOSITOL POWDER	PWD										

FULL DISCLOSURE

NO.	PRODUCT		VEGETARIAN	PRODUCT CONTAINS								SWEETNER ADDED
				GLUTEN	SOY	DAIRY	EGG	PEANUT	TREE NUTS	FISH	SEED	
305	99% PURE RUTIN - 100 mg	TAB	■									
310	BIOFLAVONOIDS - 500 mg	TAB	■								■	
325	MEGA C.B.R. - 1650 mg	TAB	■								■	
351	VITAMIN C w/ROSEHIPS - 500 mg	TAB	■									
352	VITAMIN C w/ ROSEHIPS - 1,000 mg	TAB	■									
354	VITAMIN C w/ROSEHIPS & BIOFLAVONOIDS - 1,000 mg	CAP	■								■	
357	VITAMIN C w/ROSEHIPS - 1,000 mg (C.R.)	TAB	■									
365	SUPER C POWDER (BUFFERED & FLAVORED)	PWD										■
390	CHEWABLE C - 500 mg (ORANGE FLAVORED)	TAB	■									■
394	ZINC LOZENGE w/A & C - CHERRY FLAVOR	TAB										
396	ZINC LOZENGE w/VITAMIN C & HERBS	TAB	■		■							■
397	THROAT EASE/ZINC LOZENGE	TAB	■		■							■
401	BETAINE HCl	VCAP	■									
408	SUPER ENZYMES	TAB	■		■							
410	SUPER ACIDOPHILUS	CAP				■						
411	ACIDOPHILUS POWDER	PWD				■						
417	BROMELAIN - 200 mg	TAB	■									
418	ACIDOPHILUS w/GOATS MILK	CAP				■						
420	PEPPERMINT ENZYMINTS/CHEW DIGESTIVE ENZYMES	TAB										■
425	ENZYMES	CAP			■	■						
502	VITAMIN E - 200 I.U. MIXED	SGEL			■							
503	VITAMIN E - 400 I.U. MIXED	SGEL			■							
504	VITAMIN E - 1,000 I.U. MIXED	SGEL			■							
610	HEMO-IRON w/FERROCHEL	TAB	■		■							
614	IRON GLYCINE FERROCHEL	TAB	■									
705	L-ARGININE - 500 mg	CAP	■									
707	L-ARGININE POWDER	PWD	■									
715	L-GLUTAMINE - 500 mg	CAP				■						
717	L-GLUTATHIONE - 250 mg	VCAP	■									
720	L-TRYPTOPHAN - 500 mg	CAP	■									
725	L-LYSINE - 500 mg	CAP	■									

FULL DISCLOSURE

NO.	PRODUCT		VEGETARIAN	PRODUCT CONTAINS								SWEETNER ADDED
				GLUTEN	SOY	DAIRY	EGG	PEANUT	TREE NUTS	FISH	SEED	
740	L-PHENYLALANINE - 500 mg	CAP				✓						
795	ANABOLIC 23 FREE FORM AMINO ACIDS	CAP	✓									
796	ACETYL/L-CARNITINE - 500 mg	CAP	✓									
798	L-CARNITINE - 500 mg	TAB										
800	N-ACETYL/L-CYSTEINE - 685 mg	CAP	✓									
801	KELP SHAKERS - NO. ATLANTIC ORGANIC THORVIN™	PWD	✓									
802	KELP - NO. ATLANTIC ORGANIC THORVIN™	TAB	✓			✓						
904	MEGA EPA - 300 mg	SGEL								✓		
931	MEGA EPA HIGH POTENCY	SGEL								✓		
932	KRILL OIL - 500 mg	SGEL								✓		
905	CALCIUM CITRATE WITH VITAMIN D	CAP								✓		
907	SELENIUM - 200 mcg	TAB	✓		✓							
908	TASTY VITAMIN MIX	PWD	✓		✓							
909	CAL/MAG/ZINC - 1,000/500/75	CAP			✓							
910	CAL MAG	CAP	✓		✓							
913	CALCIUM w/BORON-3	CAP	✓		✓					✓		
917	ALBION® MAGNESIUM - 150 mg	VCAP	✓									
919	ALBION® IRON - 18mg	VCAP	✓									
923	ALBION® MANGANESE - 15 mg	VCAP	✓									
928	CAL/MAG CHELATE	TAB	✓		✓							
930	ALBION® 2:1 RATIO CA/MG/K	VCAP	✓									
939	ALBION® CAL-MAG (1:1) WITH VIT D	VCAP	✓							✓		
1006	POTASSIUM CITRATE - 99 mg	TAB	✓									
1007	CORAL CAL-MAG W/NATURAL TRACE MINERALS	VCAP	✓									
1010	ZINC CITRATE - 50 mg	TAB	✓									
1011	ONE DAILY	TAB			✓					✓		
1014	MAGNESIUM CITRATE	TAB	✓									
1015	MINI ONE DAILY	TAB			✓					✓		
1016	SILVER DELUXE	TAB	✓		✓							
1018	MEGA ONE DAILY CONTINUOUS RELEASE	TAB			✓					✓	✓	
1019	MEGA ONE DAILY (IRON FREE) CONT. RELEASE	TAB			✓					✓	✓	

FULL DISCLOSURE

NO.	PRODUCT		VEGETARIAN	PRODUCT CONTAINS								SWEETNER ADDED
				GLUTEN	SOY	DAIRY	EGG	PEANUT	TREE NUTS	FISH	SEED	
1021	MEGA TWO DAILY	CAP			■					■	■	
1024	SUPER CAL/MAG	TAB	■									
1025	MEGA ALFALFA - 1500 mg	TAB	■									
1027	HIGH POTENCY WOMENS MULTIVITE	TAB			■					■	■	
1029	CHEWABLE KID STUFF	TAB			■					■	■	■
1032	PRENATAL	TAB			■					■	■	
1033	CHROMIUM PICOLINATE - 200 mcg	TAB	■									
1034	MULTI MINERAL w/CHELATES	CAP			■					■		
1036	CAL/MAG CITRATE 1,000/500	TAB	■		■							
1041	ALBION® VANADIUM - 500 mcg	VCAP	■									
2001	VERY BERRY FIBER - CHEWABLE	TAB	■									■
2015	SOY PROTEIN POWDER NON GMO	PWD	■		■							
2044	FIBER	CAP	■			■						
2045	FIBER	PWD	■			■					■	
3001	ALPHA LIPOIC - 100 mg	VCAP	■									
3003	SUPER ALPHA LIPOIC - 300 mg	TAB	■									
3009	KALB-6	TAB	■									
3010	ALPHA LIPOIC - 300 mg	CAP	■									
3012	MSM - 500 mg	CAP	■									
3015	MSM - 1,000 mg	CAP	■									
3030	VITA NAILS	TAB			■					■		
3039	DOUBLE STRENGTH RESVERATROL PLUS	CAP	■								■	
3040	MEGA HAIR - CONTINUOUS RELEASE	TAB	■		■							
3045	HAIR, SKIN & NAILS	CAP								■		
3061	RESVERATROL PLUS	CAP									■	
4002	GLUCOSAMINE SULFATE - 500 mg	CAP										
4004	5-HTP - 100 mg	CAP									■	
4005	FLAX SEED - 1,000 mg	SGEL									■	
4006	GLUCOSAMINE CARTILAGE COMPLEX	CAP								■		
4009	GLUCOSAMINE/MSM/CHONDROITIN ADV FORMULA	TAB										

FULL DISCLOSURE

NO.	PRODUCT		VEGETARIAN	PRODUCT CONTAINS								SWEETNER ADDED
				GLUTEN	SOY	DAIRY	EGG	PEANUT	TREE NUTS	FISH	SEED	
4011	EYESAFE	TAB										
4012	RED YEAST RICE - 450 mg	CAP	✓									
4019	MELATONIN - 3mg	TAB										
4020	MELATONIN - 1 mg	TAB				✓						
4024	CS/GS - 400/500 mg	CAP	✓							✓		
4028	RED YEAST RICE - 600 mg	CAP	✓									
4031	MEGA GARLIC w/PARSLEY - 1,000/500 mg	SGEL	✓		✓							
4032	IMMUNE FACTOR	CAP				✓						
4033	GRAPE SEED EXTRACT ACTIVIN™ 95%	CAP									✓	
4034	FLEX REBUILDER™	CAP								✓		
4037	COLLAGEN II - BIOCELL TECHNOLOGY LLC	CAP										
4038	DMAE - 100 mg	VCAP	✓									
4053	MSM - 1,000 mg	VCAP	✓									
4054	MSM POWDER - LIGNISUL®	PWD	✓									
4056	CO-Q10 - 60 mg	CAP										
4060	CO-Q10 - 30 mg	CAP										
4064	PROSMATE™	CAP										
4066	EPO - 1,300 mg	SGEL										
4069	CO-Q10 - 100 mg	SGEL			✓							
4071	RED YEAST RICE COMBO	VCAP	✓									
4072	5-HTP - 50 mg	VCAP	✓									
4073	5-HTP - 100 mg	VCAP	✓									
4074	DHEA - 5 mg	VCAP	✓									
4076	DHEA - 10 mg	VCAP	✓									
4078	DHEA - 25 mg	VCAP	✓									
4081	DHEA - 10 mg FAST DISSOLVE	TAB	✓									
4082	DHEA - 25 mg FAST DISSOLVE	TAB	✓									
4083	DHEA - 50 mg FAST DISSOLVE	TAB	✓									
4084	DHEA - 10 mg MICRONIZED	VCAP	✓									
4085	DHEA - 25 mg MICRONIZED	VCAP	✓									
4086	DHEA - 50 mg MICRONIZED	VCAP	✓									

FULL DISCLOSURE

NO.	PRODUCT		VEGETARIAN	PRODUCT CONTAINS								SWEETNER ADDED
				GLUTEN	SOY	DARY	EGG	PEANUT	TREE NUTS	FISH	SEED	
4088	PREGNENOLONE - 10 mg	VCAP										
4089	PREGNENOLONE - 25 mg	VCAP										
4090	PREGNENOLONE - 50 mg	VCAP										
4093	EYE FORMULA - 325 mg	VCAP										
4095	LUTEIN - 20 mg	VCAP										
4097	SMART PS™ PHOSPHATIDE COMPLEX - 500 mg	SGEL										
4099	TURKEY TAIL MUSHROOMS - 500 mg	VCAP										
6004	DONG QUAI - 500 mg	CAP										
6005	CAYENNE PEPPER - 450 mg	CAP										
6006	BILBERRY EXTRACT STANDARDIZED 25%	CAP										
6007	GREEN TEA EXTRACT - 100 mg	CAP										
6010	ECHINACEA - 400 mg	CAP										
6015	FEVERFEW - 400 mg	CAP										
6017	CRANBERRY JUICE - 350 mg	CAP										
6020	GINGER ROOT - 500 mg	CAP										
6021	ELDERBERRY EXTRACT - 100 mg	CAP										
6027	HORSETAIL - 500 mg	CAP										
6035	PAU D' ARCO - 500 mg	CAP										
6043	SAW PALMETTO EXTRACT - 175 mg	CAP										
6050	VALERIAN ROOT - 470 mg	CAP										
6051	BLACK COHOSH EXTRACT - 160 mg	CAP										
6056	MILK THISTLE EXTRACT - 175 mg	CAP										
6059	ASTRAGALUS ROOT - 500 mg	CAP										
6060	BREATHE-EZ - 450 mg	CAP										
6064	CINNAMON BARK EXTRACT - 200 mg	VCAP										
6065	EYE BRIGHT - 430 mg	CAP										
6066	GINKGO - 60 mg	VCAP										
6067	GINKGO - 120 mg	VCAP										
6077	GRAPESEED - 100 mg	VCAP										
6080	HERBAL RELAX - 400 mg	CAP										
6085	HERBAL CLEANSE - 420 mg	CAP										

FULL DISCLOSURE

NO.	PRODUCT		VEGETARIAN	PRODUCT CONTAINS								SWEETNER ADDED
				GLUTEN	SOY	DAIRY	EGG	PEANUT	TREE NUTS	FISH	SEED	
6088	KAVA KAVA - 250 mg	VCAP										
6091	MENO SOY PHYTOESTROGEN COMPLEX	CAP										
6095	ECHINACEA/GOLDEN SEAL ROOT	CAP										
6096	SUPER OLIVIR - 300 mg	VCAP										
6100	ST. JOHNS WORT EXTRACT - 450 mg	VCAP										
6102	MILK THISTLE - 250 mg	VCAP										
6104	TURMERIC - 100 mg	VCAP										
6106	TURMERIC - 300 mg	VCAP										
6110	ACAI BERRY - 500 mg	VCAP										
6125	GOJI BERRY EXTRACT - 500 mg	VCAP										
6128	SEA BUCKTHORN - 300mg	VCAP										
6130	PURE IRVINGIA GABONENSIS - 150mg (African Mango)	VCAP										
6137	PURE RED RASPBERRY KETONES - 100mg	VCAP										
6139	GREEN COFFEE BEAN EXT - 400 mg	VCAP										
	200 mg Svetol® / 200 mg *Coffea arabica*											
6140	ASHWAGANDHA ROOT - 250mg	VCAP										
6147	GARCINIA CAMBOGIA 500mg	VCAP										

PRODUCT UPC CODES

100 Vitamin A 10,000 I.U. Tablets

100's

7 40261 10010 0

104 Vitamin A 10,000 I.U. Capsules

90's

7 40261 10490 0

105 Vitamin D-3 1,000 I.U. Tablets

100's

7 40261 10510 5

109 Vitamin D-3 2,000 I.U. Veggie Caps

90's

7 40261 10990 5

111 Vitamin D 2,000 I.U. Softgels

365's

7 40261 11136 6

112 Vitamin D-3 5,000 I.U. Veggie Caps

60's 120's 180's

7 40261 11260 8 7 40261 11212 7 7 40261 11218 9

114 Vitamin D-3 10,000 I.U. Veggie Caps

60's 120's

7 40261 11460 2 7 40261 11412 1

115 Beta Carotene 25,000 I.U. Tablets

100's 250's

7 40261 11510 4 7 40261 11525 8

116 Vitamin D-3 50,000 I.U. Veggie Caps

60's 120's

7 40261 11660 6 7 40261 11612 5

202 Vitamin B-1 100mg Tablets

100's

7 40261 20210 1

204 Vitamin B-2 50mg Tablets

100's

7 40261 20410 5

207 Vitamin B-6 500mg Cont. Rel. Tablets

50's 100's

7 40261 20750 2 7 40261 20710 6

209 Vitamin B-6 100mg Tablets

100's

7 40261 20910 0

210 Vitamin B-12 Fast-Melt Natural Cherry Tablets

50's 100's

7 40261 21050 2 7 40261 21010 6

213 Vitamin B-12 5,000mcg Cont. Rel. Tablets

30's 60's

7 40261 21330 5 7 40261 21360 2

215 Folic Acid 800mcg Tablets

100's 250's

7 40261 21510 1 7 40261 21525 5

216 Folic Acid 1,000mcg w/Vit. B-12 Tablets

90's

7 40261 21690 0

218 Vitamin 12 1,000mcg w/Folic Acid Tablets

50's 100's

7 40261 21850 8 7 40261 21810 2

PRODUCT UPC CODES

220 Niacin 250mg Tablets

100's	250's
7 40261 22010 5	7 40261 22025 9

221 Biotin 300mcg Tablets

100's
7 40261 22110 2

222 Choline 650mg Tablets

100's
7 40261 22210 9

223 Biotin 5,000mcg Veggie Caps

60's	120's	180's
7 40261 22360 1	7 40261 22312 0	7 40261 22318 2

225 Niacinamide 500mg Tablets

100's	250's
7 40261 22510 0	7 40261 22525 4

228 Pantothenic Acid 500mg Tablets

100's	250's
7 40261 22810 1	7 40261 22825 5

232 Vitamin B-Complex 50 Cont. Rel. Tablets

50's	100's
7 40261 23250 4	7 40261 23210 8

236 Stress-X w/500mg Vitamin C Tablets

100's
7 40261 23610 6

239 Vitamin B-Complex 100 Cont. Rel. Tablets

50's	100's
7 40261 23950 3	7 40261 23910 7

250 Vitamin B-Complex 50 Capsules

50's	100's	250's
7 40261 25050 8	7 40261 25010 2	7 40261 25025 6

252 Vitamin B-Complex 100 Veggie Caps

90's
7 40261 25190 1

256 Mega Vit. B-100/Vit. B Complex Capsules

50's	100's	250's
7 40261 25650 0	7 40261 25610 4	7 40261 25625 8

265 Inositol Powder Powder

4 oz.	8 oz.
7 40261 26540 3	7 40261 26580 9

305 Rutin 99% Pure 100mg Tablets

100's	250's
7 40261 30510 9	7 40261 30525 3

310 Bioflavonoids 500mg Tablets

100's
7 40261 31010 3

325 Mega C.B.R. 1,650mg Cont. Rel. Tablets

100's	250's
7 40261 32510 7	7 40261 32525 1

351 Vitamin C with Rose Hips 500mg Tablets

100's	250's	500's
7 40261 35110 6	7 40261 35125 0	7 40261 35150 2

352 Vitamin C with Rose Hips 1,000mg Tablets

100's	250's
7 40261 35210 3	7 40261 35225 7

PRODUCT UPC CODES

354 Vit. C w/ Rose Hips & Bioflav. 1,000mg Caps

50's	100's	250's
7 40261 35450 3	7 40261 35410 7	7 40261 35425 1

357 Vit. C w/ Rose Hips 1,000mg Cont. Rel. Tablets

100's	250's
7 40261 35710 8	7 40261 35725 2

365 Super Vitamin C Buffered & Flavored Powder

6 oz.	18 oz.
7 40261 36560 8	7 40261 36518 9

390 Chewable Vitamin C 500mg Tablets

100's	250's
7 40261 39010 5	7 40261 39025 9

394 Zinc Lozenge w/Vitaminx A & C Lozenges

100's
7 40261 39410 3

396 Zinc Lozenge w/Vitamin C & Herbs Lozenges

50's	100's
7 40261 39650 3	7 40261 39610 7

397 Throat Ease Zinc Lozenge Lozenges

50's	100's
7 40261 39750 0	7 40261 39710 4

401 Betaine HCL Veggie Caps

100's
7 40261 40110 8

408 Super Enzymes Tablets

100's	250's
7 40261 40810 7	7 40261 40825 1

410 Super Acidophilus Capsules

100's	250's
7 40261 41010 0	7 40261 41025 4

411 Acidophilus Powder

90gm	200gm
7 40261 41190 9	7 40261 41120 6

417 Bromelain 200mg Tablets

100's
7 40261 41710 9

418 Acidophilus w/Goat's Milk Capsules

100's	250's
7 40261 41810 6	7 40261 41825 0

D-420 Peppermint Enzymints Chewable Tablets

100's
7 40261 42010 9

425 Enzymes Capsules

50's	100's	250's
7 40261 42550 0	7 40261 42510 4	7 40261 42525 8

502 Vitamin E 200 I.U. Mixed Softgels

100's
7 40261 50210 2

503 Vitamin E 400 I.U. Mixed Softgels

50's	100's	250's
7 40261 50350 5	7 40261 50310 9	7 40261 50325 3

504 Vitamin E 1,000 I.U. Mixed Softgels

30's	90's
7 40261 50430 4	7 40261 50490 8

PRODUCT UPC CODES

610 Hemo-Iron with Ferrochel® Tablets

90's

7 40261 61090 6

614 Iron Glycine (Ferrochel®) Tablets

90's

7 40261 61490 4

705 L-Arginine 500mg Capsules

60's 90's

7 40261 70560 2 7 40261 70590 9

707 L-Arginine Powder Powder

100gm 500gm

7 40261 70710 1 7 40261 70750 7

715 L-Glutamine 500mg Capsules

60's 180's

7 40261 71560 1 7 40261 71518 2

717 L-Glutathione Veggie Caps

60's

7 40261 71760 5

720 L-Tryptophan 500mg Capsules

60's 120's 180's

7 40261 72060 5 7 40261 72012 4 7 40261 72018 6

725 Lysine 500mg Capsules

60's 90's

7 40261 72560 0 7 40261 72590 7

740 L-Phenylalanine 500mg Capsules

60's

7 40261 74060 3

795 Anabolic 23 Free Form Amino Acids Capsules

100's

7 40261 79510 8

796 Acetyl-L-Carnitine 500mg Capsules

50's 100's 180's

7 40261 79650 1 7 40261 79610 5 7 40261 79618 1

798 L-Carnitine 500mg Tablets

30's 60's 180's

7 40261 79830 7 7 40261 79860 4 7 40261 79818 5

800 N-Acetyl/L-Cysteine 685mg Capsules

60's 100's

7 40261 80060 4 7 40261 80010 9

801 Kelp Thorvin® Organic Powder

7 oz.

7 40261 80170 0

802 Kelp Thorvin® Organic Tablets

200's 500's

7 40261 80220 2 7 40261 80250 9

904 Mega EPA 500mg Softgels

50's

7 40261 90450 0

905 Calcium Citrate Capsules

90's 180's

7 40261 90590 3 7 40261 90518 7

907 Selenium 200mcg Tablets

60's 90's

7 40261 90760 0 7 40261 90790 7

PRODUCT UPC CODES

908 Tasty Vitamin Mix Powder

1 Lb.

7 40261 90810 2

909 Cal-Mag-Zinc 1,000/500/75mg Capsules

100's 250's

7 40261 90910 9 7 40261 90925 3

910 Cal-Mag Capsules

100's 250's

7 40261 91010 5 7 40261 91025 9

913 Calcium w/Boron-3 Capsules

120's 240's

7 40261 91312 0 7 40261 91324 3

917 Albion™ Magnesium 150mg Veggie Caps

60's 90's 120's

7 40261 91760 9 7 40261 91790 6 7 40261 91712 8

180's

7 40261 91718 0

919 Albion™ Iron 18mg Veggie Caps

60's 90's

7 40261 91960 3 7 40261 91990 0

923 Albion™ Manganese 15mg Veggie Caps

60's 120's

7 40261 92360 0 7 40261 92312 9

928 Cal-Mag-Chelate Tablets

90's 180's

7 40261 92890 2 7 40261 92818 6

930 Albion™ Cal-Mag (2:1) w/Potassium Veg Caps

90's 120's

7 40261 93090 5 7 40261 93012 7

931 Mega EPA High Potency Softgels

100's

7 40261 93110 0

932 Krill Oil 500mg Softgels

60's

7 40261 93260 2

939 Cal-Mag (1:1) w/Vitamin D Veggie Caps

120's 180's 240's

7 40261 93912 0 7 40261 93918 2 7 40261 93924 3

1006 Potassium Citrate 99mg Tablets

100's 250's 500's

7 40261 10061 2 7 40261 10062 9 7 40261 10065 0

1007 Coral Cal-Mag Veggie Caps

180's

7 40261 10071 1

1010 Zinc (Citrate) 50mg Tablets

100's 250's

7 40261 10101 5 7 40261 10102 2

1011 One Daily Tablets

30's 60's 90's

7 40261 10113 8 7 40261 10116 9 7 40261 10119 0

180's

7 40261 10111 4

PRODUCT UPC CODES

1014 Magnesium Citrate Tablets

100's	250's
7 40261 10141 1	7 40261 10142 8

1015 Mini One Daily Tablets

90's
7 40261 10159 6

1016 Silver Deluxe Tablets

30's	60's
7 40261 10163 3	7 40261 10166 4

1018 Mega One Daily Cont. Rel. Tablets

30's	60's	90's
7 40261 10183 1	7 40261 10186 2	7 40261 10189 3

180's
7 40261 10181 7

1019 Mega One Daily (Iron Free) Cont. Rel. Tablets

30's	60's	90's
7 40261 10193 0	7 40261 10196 1	7 40261 10199 2

1021 Mega Two Daily Capsules

60's	90's	180's
7 40261 10216 6	7 40261 10219 7	7 40261 10211 1

1024 Super Cal-Mag 1,000/500mg Tablets

100's	250's
7 40261 10241 8	7 40261 10242 5

1025 Mega Alfalfa Leaf Powder 1,500mg Tablets

100's	250's
7 40261 10251 7	7 40261 10252 4

1027 Women's Multivite High Potency Tablets

120's
7 40261 10271 5

1029 Kid Stuff (Chewable) Tablets

100's
7 40261 10291 3

1032 Prenatal Tablets

90's	180's
7 40261 10329 3	7 40261 10321 7

1033 Chromium (Picolinate) 200mcg Tablets

100's
7 40261 10331 6

1034 Multi-Mineral w/Chelates Capsules

90's	180's
7 40261 10349 1	7 40261 10341 5

1036 Cal-Mag (Citrate) 1,000/500mg Tablets

100's
7 40261 10361 3

1041 Vanadium 500mcg Veggie Caps

60's	120's	180's
7 40261 10416 0	7 40261 10411 5	7 40261 10418 4

2001 Very Berry Fiber Wafers Chewable Tablets

120's
7 40261 20011 4

2015 Soy Protein Non GMO Powder

1 Lb.	3 Lb.
7 40261 20151 7	7 40261 20153 1

PRODUCT UPC CODES

2044 Fiber Capsules

100's

7 40261 20441 9

2045 Natural Fiber Concentrate Powder

14 Oz.

7 40261 20451 8

3001 Alpha Lipoic 100mg Veggie Caps

30's 60's 120's

7 40261 30013 5 7 40261 30016 6 7 40261 30011 1

180's

7 40261 30018 0

3003 Super Alpha Lipoic 300mg Tablets

30's 60's 120's

7 40261 30033 3 7 40261 30036 4 7 40261 30031 9

3009 KALB-6 Tablets

100's

7 40261 30091 3

3010 Alpha Lipoic 300mg Tablets

30's 60's

7 40261 30103 3 7 40261 30106 4

3012 MSM 500mg Capsules

100's

7 40261 30121 7

3015 MSM 1,000mg Capsules

100's 200's

7 40261 30151 4 7 40261 30152 1

3030 Vita Nails Tablets

60's 90's

7 40261 30306 8 7 40261 30309 9

3039 Double Strength Resveratrol Plus Capsules

60's

7 40261 30396 9

3040 Mega Hair Cont. Rel. Tablets

60's 90's 120's

7 40261 30406 5 7 40261 30409 6 7 40261 30401 0

3045 Hair, Nails & Skin Capsules

60's

7 40261 30456 0

3061 Resveratrol Plus Capsules

60's

7 40261 30616 8

4002 Glucosamine Sulfate 500mg Capsules

90's 180's

7 40261 40029 3 7 40261 40021 7

4004 5-HTP 100mg Capsules

60's

7 40261 40046 0

4005 Flax Seed Oil 1,000mg Softgels

60's 120's

7 40261 40056 9 7 40261 40051 4

PRODUCT UPC CODES

4006 Glucosamine Cartilage Complex Capsules

60's	120's
7 40261 40066 8	7 40261 40061 3

4009 Glucosamine/MSM/Chondroitin Tablets

90's	180's
7 40261 40099 6	7 40261 40091 0

4011 Eyesafe Tablets

30's	60's
7 40261 40113 9	7 40261 40116 0

4012 Red Yeast Rice Extract 450mg Capsules

90's	180's
7 40261 40129 0	7 40261 40121 4

4019 Melatonin 3mg Tablets

60's	120's
7 40261 40196 2	7 40261 40191 7

4020 Melatonin 1mg Tablets

100's
7 40261 40201 3

4024 Chondroitin Sulfate/Glucosamine Sulfate Caps

60's	90's	120's
7 40261 40246 4	7 40261 40249 5	7 40261 40241 9

180's	360's
7 40261 40248 8	7 40261 40243 3

4028 Red Yeast Rice 600mg Capsules

90's	180's
7 40261 40289 1	7 40261 40288 4

4031 Mega Garlic w/Parsley 1,000/500mg Softgels

60's	90's
7 40261 40316 4	7 40261 40319 5

4032 Immune Factor Capsules

90's
7 40261 40329 4

4033 Grape Seed Extract Acitivin™ Capsules

60's	120's
7 40261 40336 2	7 40261 40331 7

4034 Flex Rebuilder™ Capsules

90's	120's
7 40261 40349 2	7 40261 40341 6

4037 Biocell Collagen II® Capsules

60's	90's	180's
7 40261 40376 8	7 40261 40379 9	7 40261 40371 3

4038 DMAE 100mg Veggie Caps

60's
7 40261 40386 7

4053 MSM 1,000mg Veggie Caps

60's	120's	180's
7 40261 40536 6	7 40261 40531 1	7 40261 40538 0

425's
7 40261 40534 2

4054 MSM Powder

200GM	400GM
7 40261 40542 7	7 40261 40544 1

PRODUCT UPC CODES

4056 Co-Q10 60mg Capsules

60's

7 40261 40566 3

4060 Co-Q10 30mg Capsules

30's 60's

7 40261 40603 5 7 40261 40606 6

4064 Prosmate™ Capsules

60's 90's

7 40261 40646 2 7 40261 40649 3

4066 Evening Primrose Oil 1,300mg Softgels

60's 90's 180's

7 40261 40666 0 7 40261 40669 1 7 40261 40661 5

4069 Co-Q10 100mg Softgels

30's 60's 120's

7 40261 40693 6 7 40261 40696 7 7 40261 40691 2

4071 Red Yeast Rice Combo Veggie Caps

60's 90's 120's

7 40261 40716 2 7 40261 40719 3 7 40261 40711 7

4072 5-HTP 50mg Veggie Caps

30's 60's 90's

7 40261 40723 0 7 40261 40726 1 7 40261 40729 2

4073 5-HTP 100mg Veggie Caps

30's 60's 90's

7 40261 40733 9 7 40261 40736 0 7 40261 40739 1

180's

7 40261 40731 5

4074 DHEA 5mg Veggie Caps

60's 90's

7 40261 40746 9 7 40261 40749 0

4076 DHEA 10mg Veggie Caps

60's 90's

7 40261 40766 7 7 40261 40769 8

4078 DHEA 25mg Veggie Caps

60's 90's 180's

7 40261 40786 5 7 40261 40789 6 7 40261 40781 0

4081 DHEA 10mg Fast Dissolve Tablets

60's 90's

7 40261 40816 9 7 40261 40819 0

4082 DHEA 25mg Fast Dissolve Tablets

60's 90's 180's

7 40261 40826 8 7 40261 40829 9 7 40261 40821 3

4083 DHEA 50mg Fast Dissolve Tablets

60's 90's 180's

7 40261 40836 7 7 40261 40839 8 7 40261 40831 2

4084 DHEA 10mg Micronized Veggie Caps

60's 90's 180's

7 40261 40846 6 7 40261 40849 7 7 40261 40841 1

4085 DHEA 25mg Micronized Veggie Caps

60's 90's 180's

7 40261 40856 5 7 40261 40859 6 7 40261 40851 0

4086 DHEA 50mg Micronized Veggie Caps

60's 90's 180's

7 40261 40866 4 7 40261 40869 5 7 40261 40861 9

PRODUCT UPC CODES

4088 Pregnenolone 10mg Veggie Caps

60's 90's

7 40261 40886 2 7 40261 40889 3

4089 Pregnenolone 25mg Veggie Caps

60's 90's 180's

7 40261 40896 1 7 40261 40899 2 7 40261 40891 6

4090 Pregnenolone 50mg Veggie Caps

60's 90's 180's

7 40261 40906 7 7 40261 40909 8 7 40261 40901 2

4093 Eye Formula 325mg Veggie Caps

30's 60's 90's

7 40261 40933 3 7 40261 40936 4 7 40261 40939 5

180's

7 40261 40931 9

4095 Lutein 20mg Veggie Caps

60's 120's 180's

7 40261 40956 2 7 40261 40951 7 7 40261 40958 6

4097 Smart PS™ Phosphatide Complex Softgels

30's 60's

7 40261 40973 9 7 40261 40976 0

4099 Turkey Tail Mushrooms Veggie Caps

120's

7 40261 40991 3

6004 Dong Quai 500mg Capsules

100's

7 40261 60041 9

6005 Cayenne Pepper 450mg Capsules

100's

7 40261 60051 8

6006 Bilberry Extract 60mg Capsules

60's 120's

7 40261 60066 2 7 40261 60061 7

6007 Green Tea Extract 100mg Capsules

100's

7 40261 60071 6

6010 Echinacea 400mg Capsules

100's 180's

7 40261 60101 0 7 40261 60108 9

6015 Feverfew 400mg Capsules

100's

7 40261 60151 5

6017 Cranberry Juice Conc. 350mg Capsules

100's

7 40261 60171 3

6020 Ginger Root 500mg Capsules

100's

7 40261 60201 7

6021 Elderberry Extract 100mg Capsules

100's

7 40261 60211 6

6027 Horsetail 500mg Capsules

100's

7 40261 60271 0

PRODUCT UPC CODES

6035 Paul D'Arco 500mg Capsules

100's

7 40261 60351 9

6043 Saw Palmetto Extract 175mg Capsules

100's 180's

7 40261 60431 8 7 40261 60438 7

6050 Valerian Root 470mg Capsules

100's

7 40261 60501 8

6051 Black Cohosh Extract 160mg Capsules

60's

7 40261 60516 2

6056 Milk Thistle Extract 175mg Capsules

100's 180's

7 40261 60561 2 7 40261 60568 1

6059 Astragalus Root 500mg Capsules

100's

7 40261 60591 9

6060 Breathe-Ez 450mg Capsules

100's

7 40261 60601 5

6065 Eye Bright 430mg Capsules

100's

7 40261 60651 0

6066 Ginkgo 60mg Veggie Caps

60's 120's

7 40261 60666 4 7 40261 60661 9

6067 Ginkgo 120mg Veggie Caps

60's 120's

7 40261 60676 3 7 40261 60671 8

6077 Grapeseed 100mg Veggie Caps

30's 60's 120's

7 40261 60773 9 7 40261 60776 0 7 40261 60771 5

6080 Herbal Relax 400mg Capsules

100's

7 40261 60801 9

6085 Herbal Cleanse 420mg Capsules

100's

7 40261 60851 4

6088 Kava Kava 250mg Veggie Caps

30's 60's 90's

7 40261 60883 5 7 40261 60886 6 7 40261 60889 7

6091 Meno Soy Phytoestrogen Complex Capsules

90's 180's

7 40261 60919 1 7 40261 60911 5

6095 Echinacea/Goldenseal Root Capsules

100's 180's

7 40261 60951 1 7 40261 60958 0

6096 Super Olivir 300mg Veggie Caps

30's 60's 120's

7 40261 60963 4 7 40261 60966 5 7 40261 60961 0

6100 St. John's Wort Extract 450mg Veggie Caps

60's 120's

7 40261 61006 7 7 40261 61001 2

PRODUCT UPC CODES

6102 Milk Thistle Extract 250mg Veggie Caps

60's 120's 180's

7 40261 61026 5 | 7 40261 61021 0 | 7 40261 61028 9

6104 Turmeric Extract 100mg Veggie Caps

60's 120's

7 40261 61046 3 | 7 40261 61041 8

6106 Turmeric Extract 300mg Veggie Caps

60's 120's

7 40261 61066 1 | 7 40261 61061 6

6110 Acai (Wild Crafted) 500mg Veggie Caps

100's

7 40261 61101 9

6125 Goji Berry Extract 500mg Veggie Caps

60's

7 40261 61256 6

U-6128 Sea Buckthorn 300mg Veggie Caps

100's

7 40261 61281 8

6130 Irvingia Gabonensis Ext. 150mg Veg Caps

60's

7 40261 61306 8

6137 Pure Raspberry Ketones 100mg Veg Caps

60's

7 40261 61376 1

6139 Green Coffee Bean Extract 400mg Veg Caps

60's

7 40261 61396 9

6140 Ashwagandha Root 250mg Veg Caps

90's

7 40261 61409 6

6147 Garcinia Cambogia 500mg Veg Caps

60's

7 40261 61476 8

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